

LIONS



ROAR

Connecting the clubs, communities & needs for the
Lions of Central and Southeastern Virginia. We Serve!

DISTRICT GOVERNOR'S CORNER

Greg Cole District Governor

I am humbled to serve as your District Governor this year. You are simply amazing. Not only are we an award-winning district, we have some very passionate and committed Lions serving the needs of our communities. Thank you to each and every club that posted service projects in MyLion. It is so great to see what kind of projects are being done throughout the district and the impact you are having on peoples' lives. You arose to the challenge I placed during the fall conference to complete service projects and report them in MyLion. We had over 80% of the clubs report which met and exceeded our goal. A job well done!

Now I have a new challenge for you. During the remainder of the year, we want to focus on membership. At this moment we are down 21 members from where we started the year. If we work together, we can turn this around very quickly. The challenge is very simple. Any District 24I Lion that brings in a new member between 2/19/22 and 4/18/22 will be entered into a drawing to win \$50 and their club will also win \$50. The more members you bring in, the more chances you have to win. We will be awarding five winners during the state convention. So, get to work and bring in those members!! Just think, if each club brings in one member, we will gain 88 new members in the district. This is such a simple feat!!

Membership is important to the longevity of our clubs. As a member of a Lions Club we are torchbearers for service in our communities. Each of us should have a goal of making sure that the torch we carry is passed on to new Lions so that it is not extinguished when our season as a Lion ends. If we are committed to this endeavor, we can do our part in making sure that Lions Clubs will be around for many, many years to come.

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A big thank you to Lion Kate Richmond and her fellow Lions for a very well organized and successful Winter Conference. Past International President Lion Frank Moore and his wife Lion Rita were very impressed with the conference and the educational topics presented.

I look forward to seeing as many Lions as possible at the state convention the end of April. Packets have been mailed to the clubs. Please consider joining us in Chesapeake to celebrate being a Lion and have a time of fellowship and fun.



Tell me:

WHAT IS THE LIONS CLUB?

1st Vice District Governor
Helen Person



Quick! You're out in your community selling LOVF raffle tickets when someone walks up to you with the \$64,000 question: "What IS the Lions Club?"

It's the moment that gives us the opportunity every Lion is told will someday happen. The response you offer the inquirer can be the difference between helping your club grow by piquing the curiosity of a prospective member and selling a raffle ticket to a stranger for a dollar.

Recently, it was the highlight of my week to visit with the clubs of Region 5 during their meeting in Windsor. It's an area of the commonwealth I don't get to frequent as often as I'd like. We have some strong Lions clubs in that area and I was delighted to be a part of Lion Kristina Ramsey's meeting with representatives from many of them.

Joining Cradock Lions Bob and Marie Mills, and Nancy Ward for lunch down the street at the Dairy Queen yielded conversation about all things Lions and was a great getting to know each other better experience. Being naturally nosy, I was aware of a young couple and their friends as they sat a few feet away.

Needing to get back to Farmville for a funeral that afternoon, I bade my fellow Lions "see y'all later" and headed toward the parking lot. The couple I had noticed across the restaurant was leaving at the same time and he held the door for me. (His mama taught him well.)

As I walked toward my car, the couple caught up with me.

As I walked toward my car, the couple caught up with me.

"Ma'am, may I ask you something?" he queried.

I stopped and turned around. "Sure. How can I be helpful?"

That's when it came out of the blue.

"All my life I've seen Lions signs around town, read about them in the newspaper, and see things online," he began.

"But I don't know what it is.

"What is Lions?"



“Lions Clubs International is the world’s oldest and largest organization dedicated to community service. We were founded in 1917 and, today, have 48,000 clubs in countries all around the world. Our service is primarily dedicated to five global causes – diabetes awareness, vision conservation, hunger, childhood cancer, and the environment. I’m a member of the Charlotte Lions Club in Charlotte County between Richmond and Lynchburg. We do fundraisers that help us to provide service to the county’s food pantry, the Barksdale Family Cancer Foundation, children in the Charlotte County schools, and individuals who need assistance with hearing and vision needs.

We chatted briefly about where they lived and exchanged contact information. The following Monday I contacted a Lions Club near them and asked them to give Jason and Maggie a call. I will be sending these prospective new Lions a follow-up e-mail myself. I hope to see them at a Lions event soon.

How do you tell others about Lions in about 90 seconds? As our events are opening back up following the pandemic, what a fabulous time to be recruiting. People are hungry to be with other people and do some good things for their communities.

Quick! Are you ready to respond?

FELLOW LIONS:

Success and Failure can be Beneficial.

2nd Vice District Governor
Homer Cook

I attended our winter conference, and it was a success. It seemed that everyone had a good time and the training was well received. I enjoyed the wine and cheese social because you got to sit and talk with fellow Lions in a Relaxed setting. For your information I like relaxed settings and do not mind poking fun at myself.

Success: I provided ear plugs to protect everyone’s hearing during the Soft Kitty performance. In the original billing I was supposed to be Shrek, so I put on my Shrek shirt and ears. I did try to sing like a cat in distress, but it did not seem to cause hearing loss. Did you use your ear plugs?

Success: I got to present training on meetings with purpose. I received positive comments, so I thought it was a success.

Failure: I recorded the presentation, to send off for my Doctoral project with Lions University, and it was a failure. This was the first time I used that video camera, and the video was too dark. Additionally, I had failed to turn on the microphone, so it did not have sound.



Success: I tabulated the results from the presentation evaluation forms and used that to revise the presentation. I also created a check list on how to set up the camera.

Help: If you are looking for a presentation, I am looking for an opportunity to present. The presentation has to be at least 25 minutes long for me to send it in. Email me at lionhomercook@gmail.com and I will see if I can make your meeting.

Share your ideas and service projects with others. You never know what is going to grow until you plant the seed.



GLOBAL SERVICE TEAM

By PDG Beth Stevens

Fellow Lions,

Thanks to all your hard work this year District 24-I has numerous items to celebrate this month including a club honored by Lions Clubs International. Please take a moment to read about the new district service projects introduced at Winter Conference. Also, for those of you who requested a copy of the Service from the Heart training, it will be posted on the district website under the leadership tab. It’s a great way to generate new ideas for innovative service projects for your club.

Smiles Across the Miles:

During the luncheon members wrote notes of appreciation to active-duty military personnel serving in the Armed Forces. Over 50 notes of thanks will be donated to the USO at the Norfolk International Airport to be given to service members either heading out or returning home from deployment. This is an easy way to engage your members during a club meeting in a meaningful service activity. If your club would like to do more for the USO you can sponsor a drive collecting items to be distributed from an USO Lounge located at one of the international airports in our area. Please contact the USO of Hampton Roads and Central Virginia at to make drop off arrangements for your items. The suggested donation list can be found here <https://hrcv.uso.org/support/donations-in-kind>. When entering this project in MyLion use the project name Smiles Across the Miles and one card equals one person served.

Go Wild with the Lions:

Does your club want to support LCI’s Environmental Month in April but don’t have a project yet? Well, let’s “Go Wild with the Lions”. We’ve designed a seed packet for the Lions filled with wildflower seeds for your members to hand out free at community events. Virginia’s Department of Transportation Operation: Wildflower and the Pollinator Program needs our support to plant wildflowers to protect essential pollinators such as songbirds, bees, butterflies and insects. You can learn more about the importance of the program by scanning the QR code on the back of the packet. An extra bonus is information about Lions and a link to the club locator. The district will provide the supplies your club will need to assemble and fill the packets with seed. Please contact, PDG Beth Stevens for supplies or more information. When entering the project in MyLion use the project name Go Wild Lions and one packet of seed equals one person served.



Vision Walk:

Walk Day Saturday, April 9, Registration: 9:00 AM Walk: 10:00 AM Mount Trashmore Park Virginia Beach. Check out the VisionWalk article for more details about the Foundation Fighting Blindness. Please contact the Lion Liason, Lion Mack Stevens at mackstevens@cox.net for more information or to register your club to participate.

Lions Bag Hunger:

January was Hunger Awareness Month so 13 of our Lions Clubs took part in the Lions Bag Hunger project collecting food to donate to food pantries in their local communities. The clubs entered the information in varying ways in MyLion so I'm calculating altogether we collected over 500 bags of food serving over 3,500 individuals in need. Unfortunately, hunger is a year-round issue so if your club would still like to run the project I still have plenty of bags and stickers. Just e-mail me at lionstevens@cox.net and we can make arrangements to get the bags to you. Thanks to the following Lions and Leo Clubs for supporting this new initiative: Charlotte, Clarksville, Hampton Mercury, Kenbridge Victoria, Lancaster High School Leos, New Kent County, Portsmouth Host, Sussex County, Tappahannock, Varina, Virginia Beach Thalia, Virginia Beach Town Center – Blind, and Williamsburg Host. Read on for an article from one of the participating clubs and a collage of event photos.



SUSSEX COUNTY LIONS



CLARKSVILLE COUNTY LIONS



District Governor Service Challenge Winners:

During Fall Conference DG Greg announced the District Governor's Service Challenge to encourage clubs to initiate a new service project between November 20, 2021 and February 7, 2022. The prize level eligibility was based on the participation rate of the club membership. We're happy to share the winners that were drawn during the Winter Conference in Williamsburg.

\$1,000	Virginia Beach Thalia	Lions Bag Hunger
\$500	Williamsburg Host	Lions Bag Hunger
\$250	New Kent County	Lions Bag Hunger
\$100	Eastern Virginia Medical School	Norfolk Hispanic Festival

DG Greg also offered a second drawing for four fifty-dollar unrestricted fund prizes. any Leo or Lions Club that entered at least one service project in MyLion since July 1, 2021 were entered in the drawing.

\$50	Goochland County	Eyeglass Recycling
\$50	Lynchburg 7 Hills	Meals on Wheels
\$50	Virginia Beach Princess Anne	Children's Eye Screening
\$50	Virginia Beach Bayside	Transporting the Blind

Congratulations to all the winners. Thanks to the Governor for his generosity and support of our Lions Clubs community service projects.

MyLion Service Reporting:

THANK YOU to everyone who helped us achieve our 80% Lions Clubs service reporting goal. Although the DG team and the GAT team faced the embarrassment of serenading the Winter Conference luncheon attendees with an ear-splitting rendition of “Soft Kitty” from the Big Bang Theory, the hard work paid off. All of you should be proud of achieving this milestone. The district began the year with a 33% club service reporting rate. Now, let’s keep entering all those great projects in MyLion and finish the year strong. (I just want to clarify for those who watch insights that our current 77% service reporting rate does include Leos clubs which were not part of the challenge.)

GAT Man, GAT Woman, GAT Girl, The Good, The Bad and The Ugly sing Soft Kitty



Kindness Matters Service Award:

Congratulations to the Charlotte Lions Club for winning the Lions Clubs International Kindness Matters Service Award in the Disaster Category. On January 31, 2021, an historic ice storm blanketed the southcentral Virginia (USA) region. Just 12 days later, a second ice storm hit the same eight-county region. Over 48,000 households and businesses were left without electricity for up to two weeks as power crews from neighboring states assisted local power companies with tree removal, power pole and line replacement. The Charlotte Lions Club, Keysville, VA, coordinated obtaining two \$10,000 Lions of Virginia Foundation (LOVF) Emergency Disaster Grants totaling \$20,000 to assist those affected with gift cards to help replace lost heating fuel, food, and prescription medications. In partnership with the Blackstone, Chase City, Clarksville, Crewe-Burkeville, Dinwiddie (Region 3), Farmville, Kenbridge-Victoria, and South Hill Lions Clubs, the Charlotte Lions Club coordinated acquisition of store gift cards in \$25 and \$50 increments to assist households least able to replace lost food, fuel, and medications. In all 950 individuals were helped with potentially lifesaving goods and services. Despite many being affected in their own households, members of the Lions Clubs volunteered with area fire and rescue squads to provide hot meals for volunteer first responders, as well as the power company line workers working around the clock to restore electricity. The upcoming issue of Lions Magazine will feature all the award winners.

Remember, April will bring us the **Lions Family Diabetes Camp** and the **James T. Bland Music Competitions** so stay posted for more exciting news next month! I hope you’ll join me at State Convention for my class on Innovative Service Projects on Saturday morning.

Together in Service,
PDG Beth Stevens

WHOSE TURN TO CLEAN THE FISH TANK?

by Mack Stevens Global Membership Coach

When I was a young boy my first pet was a goldfish. My Parents bought it for me to teach me responsibility. (Cheap pet - \$2 bowl, \$. 50 fish \$2.00 food for 2 months) Typical Americans, they knew all about goldfish. After buying 3 more goldfish to replace the dead ones that I wasn’t told about and spending another \$20 on chemicals, rock, decoration, and food I found one floating one evening after I over fed it. After a tearful burial at sea and 2 days of sadness we got a puppy.

In this article I would like to compare how taking care of our Lions clubs is like taking care of a fish tank. Cleaning a fish tank or aquarium is often greatly misunderstood yet can have a significant impact on the health of your fish. Your fish tank is essentially a “biosphere” – a self-contained habitat where different species interact with one another. A Lions club is a very similar environment. It is a group of men and women of different ages, backgrounds and ethnicities working as a team to help people in need in our communities. Where there’s a need, there’s a Lion.

It’s incorrect to think of your aquarium as just containing your pet fish; instead, you should be aware of the wealth of bacteria living in your tank that destroy excess food particles or feces that gather on the bottom or are run through the filter. Filtering the water also mixes oxygen back into the water. In every Lions club there are members that continually look for new ways of doing things. There are usually some that are in favor of preserving traditional ways of accomplishing tasks. To filter the process, we have an elected volunteer leadership team, bylaws and majority rules voting systems in place when making decisions affecting our clubs. Even with all this filtering going on, the biosphere must be cleaned on a regular basis.



Cleaning an aquarium can be a TANKLESS job! (Ha Ha) It is very important to remember that everything we use to clean the tank could have chemicals that will destroy the good bacteria in the biosphere. Even the temperature or slight chlorine content of the water could make your fish sick. Many people buy buckets, cleaning pads, and specialized equipment that will only be used for one unique aquarium. It’s important to set up disciplined procedures to maintain the cleanliness of your tank. It’s vital that all parties are informed and can help in the process when they notice the environment getting murky.

The same can be said for your Lions club. Twice a year clubs make decisions to take members off the roster. Often, the budget cannot be spent because our club is paying for members that have not paid their dues. As Lions leaders we need to question what’s different in the tank? If we have members that no longer wish to participate or pay dues, have we reached out to see if they may need help? Is the environment suitable, maybe a new rock would help?

A new creature with needed skills may create diversity – a bottom feeder or an eel. Lions clubs require new members to fill in the spaces for those who have left. Imagine living in a tank with 60 fish and now there are 2. Have you ever seen a fish tank that you wonder if there are any fish left inside? The goal of the tank was to entertain people that come to see it. If the entertainment is to watch for any movement many people would quickly lose interest. Even if you did see a few fish, they would probably become very territorial and not interact very much.

It’s every member’s job to offer the Lions opportunity to friends, family, and co-workers to get involved in our Lions Club. We should all be able to explain the 5 global service causes. All Lions need to practice communicating, they rely on the leadership to keep our members active. Our club leadership should be on the lookout for ways our club members can make a difference in our communities. Every member of our clubs should help keep a warm, inviting, and clean biosphere by participating and getting others to participate. Like the movie Field of Dreams says “If you build it, they will come”

THE MEMBERSHIP CHALLENGE!

Our District Governor Greg Cole was not planning to take reimbursement for his expenses this year from Lions Clubs International. When he was informed that his decision would reduce reimbursements to future District Governors, he decided to take the money and reinvest it in our clubs. He just gave away all the unrestricted funds for the service challenge. Now he wants to motivate you to involve your friends, family, business professionals, coworkers, parishioners, and anyone else you can, to participate and JOIN our Lions Clubs. The least you can do is enjoy his hospitality. For each new member a club enters in MY LCI between Feb 18 and April 18, 2022, a ticket will be put in for the drawing to be held at State Convention. 5 tickets will be drawn, and a \$50 prize will be awarded to the Lion sponsor and another \$50 will go to the Lions Club as well. Thank you, Governor Greg, we appreciate all you do!

LEADERSHIP

In February we held a Zoom Orientation Night with 10 Lions present. Back by popular demand we will hold another Zoom Orientation Night on March 28th, 2022 at 7:00 PM

EVERYONE IS WELCOME – please bring friends.

<https://us02web.zoom.us/j/84624577091?pwd=ZlJzSFBjdVZ0aHhBYm5rdG1XZ3JOQT09>

Meeting ID: 846 2457 7091

Passcode: LIONS

One tap mobile

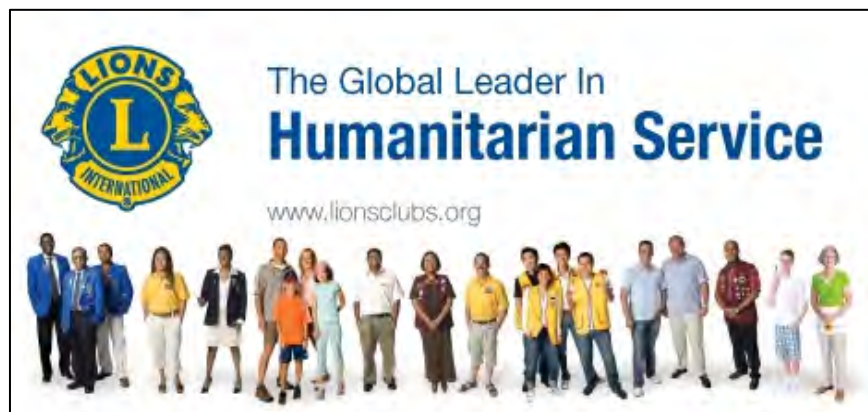
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Dial by your location +1 929 205 6099 US (New York)

Meeting ID: 846 2457 7091

Passcode: 712598

Find your local number: <https://us02web.zoom.us/u/kdrawUsX0M>



If you would like to find out more about Lions or have friends that need to know about Lions Please join us!

Lion Mack Stevens

Global Membership Team Coach

757-621-9074

HAMPTON ROADS

VISION WALK



The walk is in person this year and will be held on April 9th, 2022 at 9:00 AM. We are finally allowed to all get together in one place and our groups can have an outside walk. COME HELP US CELEBRATE!!!

How can you help? Come walk with us at Mount Trashmore!

- Go to the Hampton Roads [VisionWalk website](#) and join Lions Pride of 24-I or make your own.
- Send out emails, texts, make phone calls, or try a video like this one by Lion [Debra Laughlin](#)!
- Put your team page on social media using the hashtag #VisionWalkStrong
- Think outside your local area! Remember VisionWalk is local but people can support from afar.

The Foundation Fighting Blindness was established in 1971 by a passionate group of individuals driven to find treatments and cures for blinding retinal diseases that were affecting themselves or loved ones.

At the time, very little was known about these devastating retinal degenerative diseases that lead to blindness.

The Foundation's goal was clear: To drive the research that would lead to preventions, treatments and vision restoration for the degenerative retinal diseases – including macular degeneration, retinitis pigmentosa, and Usher syndrome – that together affect more than 10 million Americans and millions more throughout the world.

Today, the Foundation is the world's leading private source for inherited retinal disease research funding. The Foundation is committed to driving research until the entire spectrum of retinal degenerative diseases is eradicated.

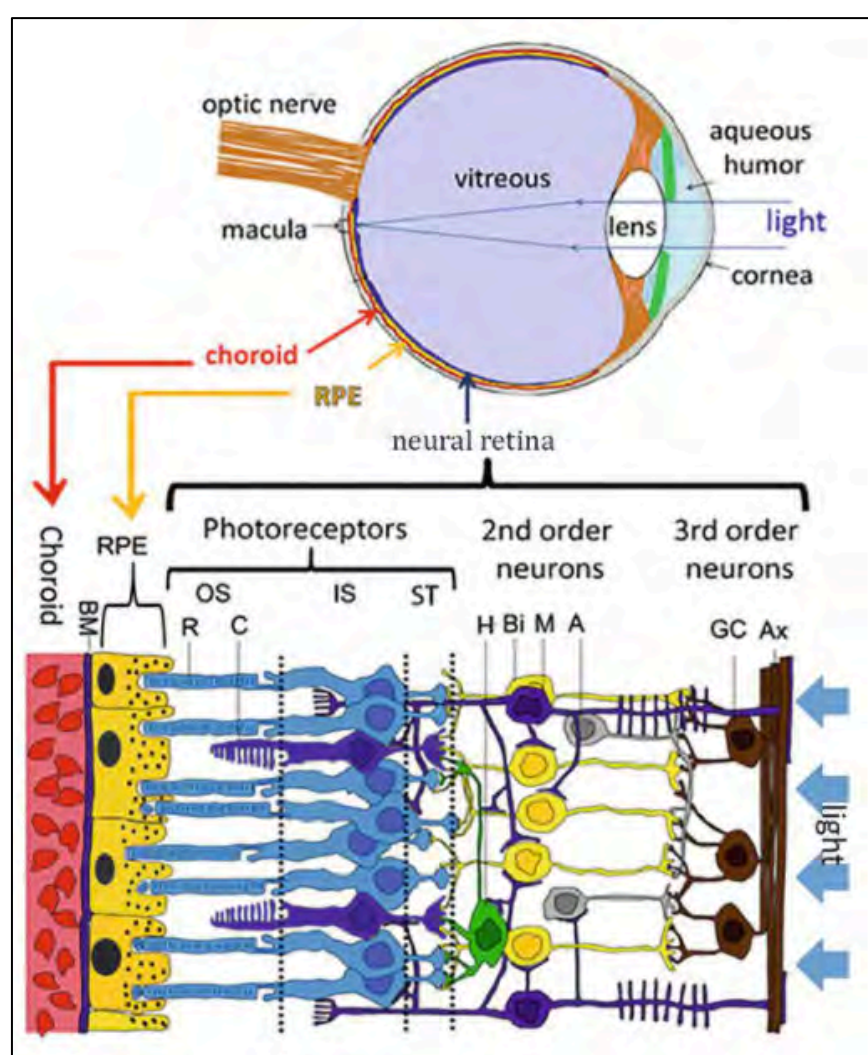
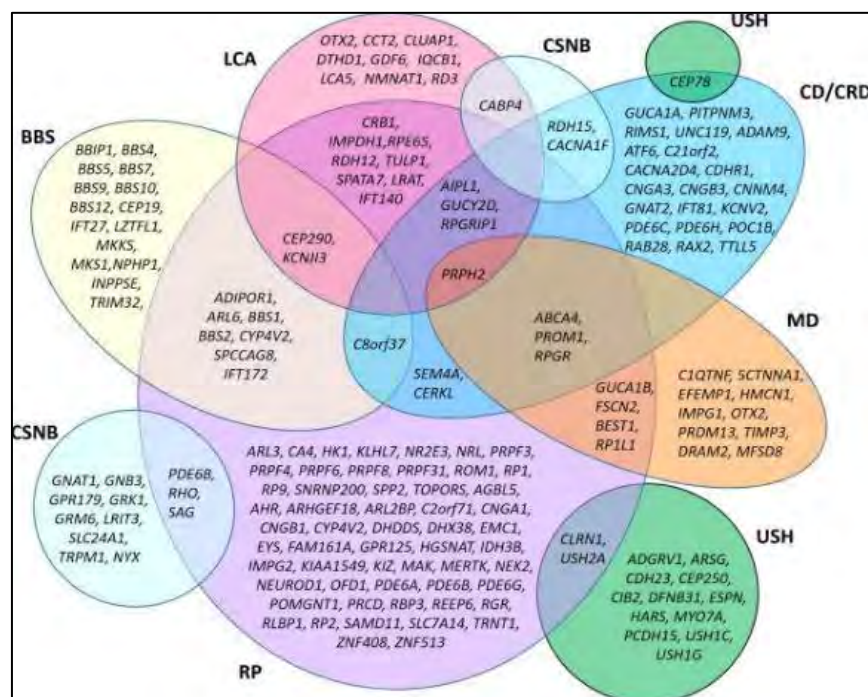
Key Facts about the Foundation

During its now 50-year history, the Foundation has raised over \$816 million in support of its effort to reverse blindness and restore vision.

The Foundation has over 40 volunteer-led chapters across the U.S. These dedicated volunteers raise funds, increase public awareness, and provide support to families affected by retinal diseases in their communities.

In 2014, the Foundation kicked off Envision 20/20, a campaign to end blindness and raise the funds necessary to advance current and future research.

To accelerate funding, then Foundation Chairman, Gordon Gund and his wife, Llura, created The Gordon and Llura Gund Family Challenge. The Gund Family Challenge closed in June of 2016 having raised over \$111 million for retinal disease research. Over 200 Genes have been identified to contribute to Blindness



Driving Research, Saving Vision

Foundation-funded researchers are achieving remarkable success with a wide range of promising therapies for saving and restoring sight.

If you can help us out by walking at Mount Trashmore on April 9th, our community will come together to raise awareness and funds for the Foundation Fighting Blindness. We are joining together across the nation to show the world what it means to be #VisionWalkStrong! Thank you for your continued support of the Foundation. Imagine if the funds were available to find a cure for blindness like we did to find a vaccine for COVID. We could possibly make it happen in our lifetime. Won't you help.

The Good: Thalia Lions Club members participated in the Lions Bag Hunger Project by filling 52 grocery bags of food for donation to the Thalia United Methodist Church Food Pantry.

The Bags: Each donated bag was filled with at least 10 items. A list of most needed items was placed in each of the bags. Members were distributed bags and asked to fill each.

The Hungry: Thalia United Methodist Church Food Pantry Coordinator, Gail Von Mosch, provided a list of items most needed by the pantry. She emphasized the enormous demand placed on the pantry before Covid and how drastically the demand had increased over the period of time.

On Friday, January 28, Gail met a representative team of Thalia Lions members to accept delivery of the "Food Raiser" donations. When the last of the bags were unloaded, Gail offered a prayer of blessings and thanksgivings for our efforts.

There was a need. There were Thalia Lions.

There was service with a heart.

Gene Therapy Restores Vision

The Foundation is funding translational research and clinical trials of gene therapy that have restored vision in patients who were virtually blind from a childhood form of retinitis pigmentosa. Thanks to the treatment, they can now enjoy some of life's simple joys, like reading and playing baseball.

Developing Drugs to Preserve Vision

The Foundation is funding research on potential drug therapies that work by slowing or preventing the loss of retinal cells, thereby saving vision. Many of these treatments are cross-cutting, meaning they're designed to work for a wide range of retinal conditions, regardless of the genetic defect.

Harnessing the Power of Stem Cells

Foundation-funded researchers are using stem cells derived from a variety of sources, including a person's own skin, to create healthy retinal cells that can potentially restore vision. Stem cell treatments hold great promise for people with advanced vision loss.

Funding the Best in Retinal Research

The Foundation has funded studies at hundreds of prominent institutions throughout the world including:

- Wilmer Eye Institute, Johns Hopkins University School of Medicine
- Massachusetts Eye and Ear Infirmary, Harvard Medical School
- Insitut de la Vision in Paris, France
- Moorfields Eye Hospital, University College London
- Scheie Eye Institute, University of Pennsylvania

The Foundation has given hope to people who didn't previously have hope and supported the most important retinal research being carried out anywhere in the world. Thanks to the Foundation, I am confident that we will be able to treat many retinal diseases in the near future.

Morton F. Goldberg, MD, Johns Hopkins University School of Medicine





Lancaster High School Leo Club was busy in December. The club kicked off a Food Drive for the Healthy Harvest Food Bank at the first home basketball game of season, anyone who brought in at least four food items got into the game for free. That night they collected over 250 items, the Leo Club members worked the collection table that evening. The following week there was a Homeroom Competition to see which class could bring in the most items that week. Each day at the end of the school day Leo Club members went around the school and collected the bags from each class and counted the number of items. At the end of the week the smallest Homeroom collected the most items. The competition collected 300 items for a total of over 550 items for the Food Bank. Every member of the club participated in the project.

The following week the club members collected stocking caps, gloves, scarves, socks, and coats for the Deputy Santa Program. They collected over 70 items for this program, to brighten the Christmas for those in need in Lancaster County.

HAVE YOU EVER HEARD

AN LCIF HOLIDAY GRANT?

NEITHER HAD THE VARINA LIONS CLUB

Submitted by PDG Ann Ragland

Here's the long story short.

During August the Varina Lions Club inquired to LCIF about the typical LCIF Anthem Grant we had participated in over the past 5 years. We were forwarded an online template to complete for a **Food Insecurity Project** with Mount Moriah Baptist Church in Richmond who feed t@100 homeless persons lunch 365 days per year. Typically local area Churches sign up to feed hot meals for lunch, but due to Covid they were only offering bagged lunches handed to the homeless outside the church. Even though they had all the daily slots filled, they asked if Varina could help them with some emergency nonperishable lunch kits for use during winter when inclement weather keeps the church signed up away. The Varina Lions proposed making 500 bags of nonperishable food to be used in emergencies when there was a cancellation of the sponsoring church.

After submitted the Final report to LCIF on the project in November, Varina once again received a call from LCIF about left over Funding remaining from Anthem which they wanted the Lions to use in a Holiday Grant and we were asked to submit several options of how we might use a **Holiday Grant**. Varina submitted a proposal to assist the Henrico Christmas Mother during the first 15 days of December to purchase food for the proposed 1700 families in need in 2022. Use of the grant funding was hampered by two obstacles:

- First the Henrico Christmas Mother only had 1300 families apply for Holiday assistance since their SNAP benefits were increased and they were getting child tax credits for Covid.
- Second, the funding was not received until the last day of our food distribution and it was difficult for a Lions club to spend funding when the funds were not received, especially when LCIF informed us that the grant was for \$16,000. Varina used \$2000 to supplement peanut butter, cereal, pasta, meats, etc.



In writing the final report and thinking that the Club would have to return the used Funding, we were contacted by LCIF about submitting some other options to use the remaining \$14,000 and to keep the money to support the effort. The options LCIF and Anthem agreed on follow.

Option 1 A: Feeding the Henrico County Public Schools (HCPS) list of 200 families that are at high risk of Food Insecurity across the County of Henrico.

The Varina Lions Club will purchase the following list of foods and deliver them to the Henrico Christmas Mother Warehouse who has authorized that we could use the Food Committee space available, where a combination of Anthem volunteers could join the Varina Lions, HCM Food Committee, and the HCPS advocate volunteers to assemble 200 boxes of food for the 200 **Title 1** families during the last week of March to assist them with adequate canned and boxed foods from April 1-8 while they are out of school on **Spring Break** and the children would not have access to school provided Breakfast and Lunches daily.

Option 1				
Proposed Food Box for Spring Break	Qty	unit cost	ext cost	total cost
Green Beans	2	\$ 0.75	\$ 1.50	
Corn	2	\$ 0.75	\$ 1.50	
Dried Beans	2	\$ 0.79	\$ 1.58	
Green Peas	1	\$ 0.85	\$ 0.85	
Soups	2	\$ 2.00	\$ 4.00	
Mixed Vegetables	1	\$ 0.85	\$ 0.85	
Potatoes White	1	\$ 1.00	\$ 1.00	
Tomatoes, whole, diced, stewed	1	\$ 0.69	\$ 0.69	
Meats	2	\$ 2.50	\$ 5.00	
Applesauce	1	\$ 0.85	\$ 0.85	
Dessert (jello, pudding cups)	1	\$ 1.00	\$ 1.00	
Pasta Boxed	1	\$ 1.25	\$ 1.25	
Mac and Cheese Boxed	2	\$ 2.50	\$ 5.00	
Rice, Bagged	1	\$ 1.25	\$ 1.25	
Boxed Bread, Potatoes	1	\$ 1.00	\$ 1.00	
Ramen Noodles	4	\$ 0.25	\$ 1.00	
crackers	1	\$ 1.25	\$ 1.25	
cereal	1	\$ 3.00	\$ 3.00	
peanut butter	1	\$ 1.50	\$ 1.50	
Total per family			\$ 34.07	\$ 6,814.00



Option 1B: The Varina Lions could use the remaining funds available to purchase additional foods following Spring Break to prepare **an additional 200 Boxes** of the same items as listed above that could be used the week before HCPS adjourns classes for the **Summer Break** to help families as they adjust to having children at home for the summer without access to the school breakfast and lunch program.

The Varina Lions have divided the list and each member is shopping for best price and value for quantities 200 or multiples of 200 to pack a bushel box during March 21 to 26 for distribution to the families at either the Henrico Christmas Mother warehouse in eastern Henrico or Hermitage High School in the near west end.

HCPS has asked the School Dieticians to supplement our list with healthy snacks for the school children, and has asked FeedMore to bring fresh items in a refrigerated truck on the distribution days to complement the canned and boxed foods the Lions are supplying.

LCIF requires a final report for each event with copies of receipts for the food and how many were served and the total weight of the food purchased for distribution. Lions will weigh the boxes once packed for reporting. We estimate the weight of the box to be about 35 lbs. per family.

Varina Lions Club members are Serving from the Heart.



Celebrating Club Charter Anniversaries Club Name	March 2022 Charter Dates	Years of Service
Charlotte Lions Club	March 16, 1972	50
Lawrenceville Chester Lions Club	March 22, 1927	95
South Hill Lions Club	March 7, 1935	87
Bon Air Manchester Midlothian Lions Club	March 2, 1934	88
Powhatan Lions Club	March 2, 1976	46
Richmond West Breakfast Lions Club	March 24, 1972	50
King William County Childrens First Lions Club	March 11, 2016	6
Northumberland County Lions Club	March 16, 1953	69
Hampton Mercury Lions Club	March 16, 1965	57
York Lions Club	March 6, 1953	69
Eastern Virginia Medical School Lions Club	March , 2011	11
Virginia Beach Aragonia Lions Club	March 8, 1960	62
Virginia Beach Kempsville Lions Club	March 9, 1953	69
		Total 759 Years

District 24-I

2021-22 Calendar of Events

MD24, District Meetings, DG Official Visits, Club Fundraising and Service Projects

Date	Time	MD 24 ,District 24I events,	Location	Confirm
FEBRUARY 2022				
Feb 18, 2022	7 pm	LCIF Campaign 100 Auction and Celebration with PIP Frank Moore IPDG Scott Durbin or PID Hauser Weiler	Holiday Inn Gateway Williamsburg, Va	
Feb 19, 2022	9 am – 4 pm	District 24I Winter Conference	Colonial Heritage Clubhouse Williamsburg, VA	√
Feb 22, 2022	6 pm	Norfolk Host Lions Club 100th Charter Night	President Karen Gearreald	√
Feb 28, 2022	7 pm	Dist 24I New Member Orientation	Zoom w/ GMT Mack Stevens	
MARCH 2022				
Mar 4-6, 2022		MD24 Regional Lions Leadership Institute-RLLI	Holiday Inn Valley View	
March 5	6 pm	Hampton Phoebus Lions Club 75th Charter Night	St Marks Methodist Church	√
March 6, 2022	2-4 pm	Varina Lions Club Bland Contest	Four Mile Creek Baptist Church	
March 11, 2022	6-9 pm	Region II Bland Contest: Lion Bob Rietze	Chase City, VA	
March 12, 2022	9 am	Region II Mtg: Training Recycling Glasses	Kenbridge Fire and Rescue	
March 14, 2022	6:30 pm	Zone F Meeting with ArtrelleSpicely	Brothers Italian Dinwiddie	
March 16, 2022	6 pm	VB Thalia Lions Club: DG Service Award Presentation	Broad Bay Country Club	√
March 18, 2022		COG Meeting and DGE Training	Roanoke MD 24 Office	√
March 20, 2022	1PM	BMW BAMB RJR Clubs Bland Contest	Brandermill Church	
March 24, 2022	6 pm	ZONE I Meeting Shelia Chewing	Unique Experience Eatery	
Mar 25-27, 2022		Central VA R 1,2,3 and Southeastern VA R 4,5,6 Lions Bland Contests	Dates, Location and time to be announced	
March 31, 2022		ZONE I Meeting Brent Bohannon	TBA	
APRIL 2022				
April 5, 2022	6 pm	James City Lions Club Charter Night	Colonial Heritage Clubhouse	√
April 7, 2022	Noon	Chesapeake Southside Lions Club	Swan Terrace @ Founders Inn	√
April 19, 2022	6 pm	Tappahannock Lions Club 80th Charter Night	Fairways Restaurant at Fairways Golf Club	√
April 28- May 1		MD 24 LOV State Convention	Delta Marriott Chesapeake	√
April 29, 2022	7 pm	MD24 Bland Music Scholarship Contest	Delta Marriot Chesapeake	√
MAY 2022				
May 17, 2022	TBA	Zone J Meeting with Brent Bohannon	To be announced	
JUNE 2022				
June 1-4, 2022		LITPC Alternate Site Pin Swap PTCV Host: PCC Chet Kramer	Doubletree Williamsburg, VA	

If your Lions Club, Zone, or Region has an upcoming meeting, Bland Contest or Charter event during Lions Year 2022, please let Lion PDG Ann Ragland, Cabinet Secretary know the date, time, location of the event.

Key: √ = confirmed

	MD 24 / District
	Club Fundraiser/ Service
	Club Visit by DG, 1VDG, 2VDG
	Completed event

Welcome March

Call Cabinet Secretary Ann Ragland to Schedule a DG, 1VDG, 2VDG Club Visit, or a Region, Zone Meeting or Club Event or Project

IN MEMORIAM

Benjamin T. Wainwright

Churchland Lions

Thomas N. Morefield

Cradock Lions

Anne C. Tucker

Hampton Mercury Lions

Patricia A. Pittman

Hampton Northampton Lions

Philip B. Merrick

James City Lions

Daisy Temple

Lawrenceville Lions

James Paul Kirkland

Newport News Warwick Lions

Harvey J. Paquette

George M. Robinson

Powhatan Lions



WELCOME OUR

NEWEST LIONS

Appomattox Lions

Joel D. Carnefix

Bon Air- Manchester- Midlothian Lions

Charles A. Venable

Cape Charles Lions

David Dalessio

Sheryl E. Dalessio

Chesapeake Southside Lions

Dennis P. Ackerman

Mary E. Ackerman

Barry R. Grodin

Chesterfield Prevent Blindness Lions

Virgil W. Davis

Danville Host Lions

Jennifer R. Gay

Farmville Lions

Tracey Ellington

Le'tina Giles

Nicole Hanock

Navona Hart

Sundari C. Morgan

Christy Murphy

Cory Wingo

Lawrenceville Lions

Chad Clary

Marie Long

Southeastern Virginia Filipino-American Lions

Beatriz V. Macatol

Sussex County Lions

Orris C. Crocker

Barbara A. Gray

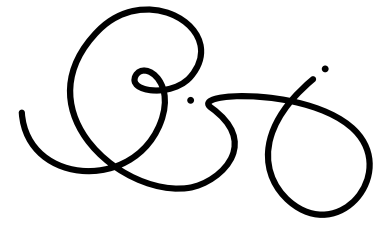
Paula D. Motton

Susie G. Thomas

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