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STONE SOUP A Recipe for More Members

DG Corner by ghost writer Cam Snevets



Once upon a time, there was a great famine. The people in one small village didn't have enough to eat, and definitely not enough to store away for the winter. People were afraid their families would go hungry, so they hid the small amounts of food they did have. They even hid their food from their friends and neighbors. One day a wandering soldier came into the village. He asked the different people he met about finding a place to eat and sleep for the night. "There's not a bite to eat in the whole county," they told him. "You better keep moving on." "Oh, I have everything I need," he said. "In fact, I would like to make some stone soup to share with all of you." He pulled a big black cooking pot from his wagon. He filled it with water and built a fire under it. Then, he reached slowly into his knapsack and, while several villagers watched, he pulled a plain gray stone from a cloth bag and dropped it into the water. By now, hearing about the magic stone, most of the villagers were surrounding the soldier and his cooking pot. As the soldier sniffed the stone soup and licked his lips, the villagers began to overcome their lack of trust. "Ahh," the soldier said aloud to himself, "I do like a tasty stone soup. Of course, stone soup with cabbage is even better." Soon a villager ran from his house into the village square, holding a cabbage. "I have this cabbage from my garden." he said as he held it out for the soldier. "Fantastic!" cried the soldier would you have a bit of seasoning and butter? The soldier cut up the cabbage and added it to the pot. "You know, I once had stone soup with cabbage and a bit of beef, and it was delicious." The butcher said he thought he could find some beef scraps.

As he ran back to his shop, other villagers offered bits of vegetables from their own gardens--potatoes, onions, carrots, celery. Soon the big black pot was bubbling and steaming. When the soup was ready, everyone in the village ate a bowl of soup, and it was delicious. The villagers offered the soldier money and other treasures for the magic stone, but he refused to sell it. He had many offers for a cot to sleep on that night. The next day he traveled on his way

What can we learn from the stone soup story?

1. The main point of the story is that by everyone working together and contributing what they have, a greater good is achieved.

2. Nothing happens until someone tries something

3. It's very easy to complain about why we can't and making a list of what we don't have rather than gathering what we can – Involve Everyone!

4. Perfection shouldn't always be the goal

Is your Lions Club cancelling projects, not responding to calls and emails asking for you for help, losing the members you do have because of inactivity? Are you having trouble getting members to participate? Here's a recipe for you – make some Stone Soup. Start a project – how about go wild with the Lions seed packets. Break the projects into as many small jobs as you can. Have someone find out where can we get seed? How can we afford it? What should we print on the packets? Who can we get to print them? Who will cut them out? Who will answer the calls that come in from giving the packets away? Who will glue the packets together? Who will put seed in the packets and seal them? Seed is expensive and each packet only needs a small amount. Who will coordinate quality control? Once packets are made where can you hand them out? Can you explain the environmental impact of pollinators? Who can hold a white cane at the same event? EVERY SMALL UNSKILLED JOB ALLOWS YOU TO INVOLVE MEMBERS OF THE COMMUNITY IN OUR MISSION. It just makes the Soup taste that much better and brings in new members into you club.



LOOK WHAT YOU'RE MISSING WHEN YOU'RE NOT THERE

by Lion Helen Person First Vice District Governor



It was a dark and stormy night.

Not really, but it was a rainy Saturday morning. Lions from all around Region 2 braved the elements to gather in Kenbridge for a morning that turned out to be more interesting than any of us thought it would be. Lions who never miss a meeting were present. Lions who haven't attended any meeting beyond their own club drove 30-45 minutes to be there.

It was cold. It was raining. And snow was on the way. By the time we adjourned at Noon, 25 Lions got a refresher on MyLCI/MyLion from Lion FVDG Homer Cook who had driven over two hours to meet them. As they learned that updating their club information and telling others about their service projects was not nearly so scary as they thought, it was as though the clouds parted and the angels sang. Pretty cool!



In addition to MyLCI/MyLion and getting a refresher on eyeglass processing, the Lions made new connections – with each other! They talked about how their clubs were working to emerge from the pandemic, how they were looking for new service projects, how they were finding they needed to change their meeting model to better appeal to working Lions with children and other activities. When we adjourned at Noon, it was beginning to snow, but our Lions were laughing, smiling, and glad they came.

Our next big meeting is April 28-May 1 in at the Delta Hotel in Chesapeake. We'll have great training for incoming club officers, Certified Guiding Lion training, Dinner in the Dark with Leader Dogs for the Blind, and fellowship unsurpassed in the annals of civic organizations. I can't guarantee it won't rain, but you don't want to miss it. Come join us for a great weekend of learning, fellowship, and service ideas. After all, we are Lions. We Serve.





Emerging Lions Leadership Institute (ELLI)

2nd Vice District Governor Homer Cook

If you have not heard of ELLI, you are not alone.

The Emerging Lions Leadership Institute (ELLI) prepares Lions and Leos for leadership positions at the club level. Qualified candidates have successfully served on a club committee and have not yet completed a term as club president. Club first vice presidents are strongly encouraged to attend. You will learn the history and goals of Lions Clubs International as well as Lions Clubs International Foundation. You will develop strategies for being an effective leader and collaborate with a diverse group of fellow Lions. If you would like more information, you can follow the link:

https://www.lionsclubs.org/en/resources-for-members/resource-center/leadership-development-institutes

In the old days you had to go to LCI for the training. However, it looks like Districts can get the training material from LCI and hold ELLI locally. Now before we put the car in gear about setting one up, we need to know if there is enough interest. It takes a minimum of 20 Lions attending to get approved to hold the training. If you go to the link and think this would be of Value to you and your clubs let me and our GLT (PDG Debbie) know. If we have enough interest, we will work to get the training scheduled. This is not something that happens overnight so do not expect it to happen before the end of this Lions year. However, if we do not look into it we will never have one.

Plant the seeds of service and see what grows.

Alternate idea

Fellow Lions I have a few questions for you.

- 1. What is a seed?
- 2. Do seeds grow if you keep them dry?
- 3. Can an idea be considered a seed?
- 4. Have you planted any seeds lately?

I ask these because Lion Clubs are service clubs. In my opinion the best thing we have to get people interested is showing them the actual service we do in the community. We may help with a community garden where we actually plant seeds and water them so they grow. We all know that if you do not plant the seed generally you will not get anything from them. When you have someone helping you with a service project you are actually planting the seed of community service.



If they are planted in fertile soil a cucumber will take off and start going everywhere. The only problem you will have is picking them before they get too large.

Now back to my first and third questions. I feel that a seed can be an actual seed you plant in the ground or an idea.

For question number two generally seeds do not grow if they are kept dry. Generally speaking, ideas do not turn into action until you do something with them.

Now for the most important question. Have you planted any seeds lately? My club had three guests at our last service project. All of them enjoyed the project and told us to let them know when we have the next one. No idea yet if we will get them to join Lions but they have helped the community and felt good about it. Invite people to a service project and plant the seed of service.

Global Service Team

by PDG Beth Stevens GST

Lions Clubs International declares April as Environment month; the time to dedicate service projects to protecting our environment. There are many ways your club can get involved in your community. Here are three easy project ideas to help get your club's environmental conversation started.

1. <u>Go Wild with the Lions</u> is a district-wide initiative for members to distribute Lions branded packets of wildflower seeds to community members and children during club events. The district will provide the wildflower seed and printed packet templates. You will just need to assemble the seed packets. It's an easy process and a great way to get all your members involved during a club meeting. If your club would like to participate, please e-mail me at lionstevens@cox.net to make delivery arrangements. The back of the package has a QR code to scan which will send the person to our district website that has a document outlining the project, planting instructions, a legal statement and information on our organization including a club tracker. Here's just a snippet from the information online.



Plant with a Purpose:

We hope you'll go wild with the Lions by planting your free wildflower seed mix. Our environment is more than a background: it's our home and we're committed to caring for it. In Virginia, Operation Wildflower began in 1976 and the Pollinator Program began in 2015 to support pollinators such as bees, birds, butterflies, and insects who are essential to our food chain. These birds and insects are attracted to the vibrant colors of Virginia wildflowers. You can support the effort by planting seeds in your home garden.

To learn more please visit the Virginia Department of Transportation website:

https://www.virginiadot.org/programs/pollinator habitat program.asp

Southeastern Wildflower Seed Mix:

Spring is the most conventional time of the year to plant, but many gardeners plant wildflowers in the fall to get a jump on the spring blooms. The general rule of thumb when locating your site is "the more sun the better". Prep the soil by removing unwanted grass, leaves and growth. Then loosen the soil and distribute the seed evenly. Lightly compress the seed about one-half inch.

2. <u>Celebrate Earth Day</u> with Lunch and Learn. Earth Day began in 1970 through a grassroot movement of young people concerned about the impact of pollution on the environment. The movement has significantly grown over the past 50 years to become recognized internationally each year on April 22. The Earth Day 2022theme is "Invest In Our Planet". An example of a lunch and learn event listed on EARTHDAY.ORG[™] is holding a lunch for school-aged children and then teaching the kids how to sort the trash for recycling. This is a great idea because as we know when the kids get excited about a project it can impact the whole family at home. You can also translate this idea to adults by holding a lunch and inviting a speaker to present an environmental topic. The Earth Day website includes information from2020 about planting a pollinator garden, the most harmful threats to bees and the importance of planting native plants. This ties directly back to our Go Wild with the Lions project. It's good resource materials; you should check it out.

3. <u>Plant Trees</u> - April 29th will be the 150th Anniversary of Arbor Day which began in 1872 in Nebraska. Virginia always celebrates Arbor Day the last Friday in April and many elementary schools plan lessons around the holiday. Your club can purchase trees and donate them to4th graders to learn the importance of trees to our planet. You can go to arborday.org under the learning hub to provide learning resources to teachers. The website also has free activity sheets for kids grades 2 – 4 that your club can use as handouts during service projects. There is a document titled, "10 Reasons Trees Are Important", word searches and connect the dots worksheets.

Remember to report your environmental project in MyLion. Please give all the details in the project description. Yes, I do read all the service activity reports! Please join me Saturday morning at State Convention for the Innovative Service Project class.

Together in Service,

PDG Beth Stevens

What's in a Title

By Lion Mack Stevens GMT

I know you all love to hear about my family upbringing. First VDG Lion Helen will tell you that there are rules to growing up in the south. Adults were known as Mr. / Mrs. Smith, Sir or Ma'am. We would hear our parents call their friends Barbara or Mike but that was a NO-NO for kids. When the adults were talking and we would like to participate – we were taught to wait for a lul in the conversation, begin with "excuse me" Miss Barbara, or Mrs. Smith depending on how often they came to the house and then ask your childish question. If Mom or Dad gave you the LOOK, you may not even wait for an answer, just run! We were taught that Family names, (AKA Last Names or surnames) were the most important names. It was explained to us kids that when we do something against the law, outrageous or embarrassing - our entire family would be known for the actions of one of us. What we do is a direct reflection of how our parents raised us. So, don't be Stupid was how it was explained to me. It was not, a kinder, gentler time! Consequences were delivered when we got out of line, or if our parents were embarrassed IN PUBLIC! Above all, you never wanted anything to be put on your PERMANENT RECORD.



The governments of most countries trace history by tracking Last Names. Your Surname is different from your first name called your given name. The Surname is a hereditary name common to all members of your family. In Some countries the Surname is first and the given name is last. Your last name holds clues to your family history. Whether you have a common or unique last name, learning the meaning behind your name can unlock details of your genealogy

Have you ever wondered why there are so many Smiths and Taylors in the USA? Everyone used horses and they needed Blacksmiths which shortened to Smith. There wasn't an Old Navy on every corner and many people needed a Tailor. The name John was very popular, and some people became Johnson (John's son). Early last names were often linked to occupations, geographical features such as where your home was in the village (Middletown), a nickname, physical feature (Long), or even a combination of the mother's and father's name (MacLynn). Eventually, most people adopted patronymic names inherited from their fathers.

So, I guess you could call surnames an Association. When people in a different part of the country meet and have the same last name, the first question is always - "So, where is your family from?" It's a natural inclination to find out if the people are related in some way.



Lions is an association of members in communities around the world. When I first joined the Lions Clubs International Association, I felt strange calling my friend's house and asking his 14-year-old daughter to speak with Lion Jim. It was explained to me, that calling someone Lion was a title, similar to Doctor Johnson. From that point on, I could see why the tail twister charges for referring to your friend by their given name without the title Lion. If we expect the world to see the value of the service we provide we must respect the accomplishments and titles we earn. I think that all too often, we as Lions, downplay what we do to help people in need. It becomes difficult to describe the magnitude of what we do, to other people. If others cannot see what they get from becoming a Lion the world will miss out on our rich heritage. I want you all to know that I am very proud to be associated with the members of my Lions Family. I hope you are too!

Make it a PRIORITY to offer that opportunity to a friend!



Guiding Lion Training

By PDG Debbie Ivey GST

We will be having a Guiding Lion Training at the State Convention on Friday, April 29th at 9:30 a.m. Anyone that is interested in this session is welcome. The following Lions need to be recertified: Lee Winder, Phyllis Winder, Raymond Mueller, Terrence Kolet, Karen Kolet, Otelia Hewlett, Paula Glover, Don Fuller, Margene Hartsough, Barbara Niffenegger, Alan Morrell, Pat Morrell, Jerry Phelps, Jeff Gaddis, Hauser Weiler, Donna Weiler, Ann Ragland, John Watters, Bambi Martin, Mary Durbin, Scott Durbin, Beth Stevens, Mack Stevens, Pat Kerr, Sherry Atwood, Allen Brown, Ruth Robertson, James Jernigan. First timers are welcome.

Please let me know if you are going to attend so we have enough material. If you have never been certified and would like to attend, you are welcome. I can be reached at 804-966-5870 or via email at <u>debbieivey@earthlink.net</u>. Please feel free to reach out if you have any questions. I look forward to seeing everyone at this session.



<u>CLUB SPOTLIGHT</u>

Oceanside Lions provided 85 meals to the JCOC (Judeo-Christian Outreach Center) on 20 March. We started food prep at 12:30 and served the meal at 2:30. We provided a baked breaded chicken patty on a bead of rice with butter beans, early peas, Stewed tomatoes, fried apples, pudding cup, cookies, banana, and a bottle of water. We had three Lions and three visitors working on the event. To make it better two of the guests were at our wine tasting and they indicated they would help. We asked and they came. Everyone had a great time.



The Varina Lions Club held its annual Bland Music Contest today at Four Mile Creek Baptist Church. Eight students competed for 1st place instrumental. See results & pictures from their amazing afternoon performances of classical music for an audience of 28. CONGRATULATIONS.

First Place: Alan Everett Cary, pianist & senior at Glen Allen HS,

Second Place: Nisarg Shah, pianist & freshman at Godwin HS.

Third Place: Benjamin Gao, pianist & 6th Grade at Midlothian MS. Honorable Mention.

<u>A very special thank you to our Judges Davon Yonkers,</u> <u>Danielle Yonkers, Pam Wilson</u>



75th Charter Night

The <u>Phoebus Lions Club</u> celebrated their 75th Charter Night on Saturday March 5, 2022 at St, Marks UMC in Hampton. The list of attendees included Lions spouses and many district officers. Phoebus Lions would like to thank those that chose to help us celebrate 75 years District Governor Greg Cole, First Vice DG Helen Person and Lion Darrell Person, Immediate PDG Scott Durbin and Lion Mary Durbin, Lion Barbara Senecal PDG, Lion Clayton Senecal PDG, Lion Joy Richardson Zone Chair, Lion Brandie Sheffield Region Chair and her husband Steve Sheffield.

Hampton Vice Mayor Jimmy Gray was the speaker and updated us on the State of Hampton and some of their current projects. In addition, we recognized Dr. John H. Kauffman III for his service to the Lions as he provides the exams and glasses for our sight cases. DG Greg Cole addressed the group and congratulated the Club for 75 years.

Finally, we recognized eight Lions for their longstanding commitment to Lionism. Leading the way is Lion Paul Moberg with 69 years, Lion Joe Poslik with 50 years, Lion Kyle Williams with 49 years, Lion Ralph Williams with 48 years, Lion Frank Huff with 36 years, Lion Bob Hoffman with 36 years, Lion Louis Morris with 34 years and Lion Gerald Phillips with 32 years.



Hampton Vice Mayor Jimmy Gray



Lions Joe Poslik, Paul Moberg, KyleWilliams, Ralph Williams

Frank Huff, Bob Hoffman, Louis Morris and DG Greg Cole receiving service recognition plaques. Not Pictured Lion Gerald Phillips



Dr. John H. Kauffman, III and Lion Joe Poslik, Sight Chair District Governor Greg Cole



On March 16, 1972, a group of community leaders chartered the **Charlotte Lions Club** to provide service to the people of this rural Southside Virginia county. In the 50 years since, faces have come and gone, but the service wrapped in fellowship and fun have remained strong. On March 23, 2022, our Charlotte Lions and friends celebrated 50 years of service. We're just getting started!



BY Rachel Austin - Staff Writer

The **Suffolk Lions Club** celebrated one of its most successful charity auctions in December. During the annual auction, members collect donated items from businesses to raise money for charities the club supports. Auction items include gift certificates gift cards, gift baskets merchandise and services. The 2021 charity auction raised \$5,500. Part of the money will go to the Suffolk Cheer Fund, which provides toys for children during Christmas. The remaining money will go to helping underprivileged people in Suffolk. with sight and hearing issues, "We put a lot of work into it and are pleased with the good response with local businesses and restaurants," said Chuck Britt, president of then Suffolk Lions Club. "We hope that we can do it again next year and set a new record."

The Suffolk Lions Club will go into its 99th year of serving the community in July. Lions is a worldwide civic organization with a primary focus on helping those with hearing and sight issues.

Suffolk Lions can be seen at many local events, including recycling drives, collecting glasses and hearing aids to recycle. Other fundraisers include selling brooms, Brunswick stew, Boston butts arid raffle tickets, and volunteering for Smithfield VA Events. Before the pandemic, the Lions Club also went into the elementary schools to sight-screen students. They would then refer the students to a specialist and help with payments if needed.

"Mainly the Lions Club Is about hearing and sight, but we help with other needs whenever we can said Britt.

Anyone interested in learning more can visit the Suffolk Lions Club's Facebook. page or email suffolklionsclub9308@gmail.com

The Northumberland Lions have many new initiatives in the works for 2022. The club is sponsoring a Little League Team this Spring.

Members are planning on going to games and cheering on their team.

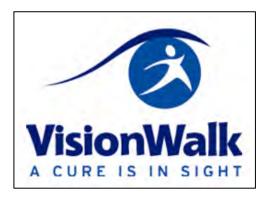
The club is partnering with the Boys and Girls Club of Northumberland to begin a mentoring program for at-risk youth. The club is also in the beginning stages of partnering with the Calleo Hometown Association to build a playground at the new community park that is in the works.

The club is beginning a new fundraiser. They are collecting scrap metal and aluminum for recycling. We are also planning to have a fundraising breakfast in the future to raise money for the playground.

The club will be selling brooms, distributing wildflower seed packets, and collecting eyeglasses at the Heathsville Farmers Market this year.

The club has several other projects and fundraisers that are being evaluated for the future.

Shelia Chewning President, Northumberland Lions Club Zone Chair, Zone I, Region IV, District 24 I Lions International





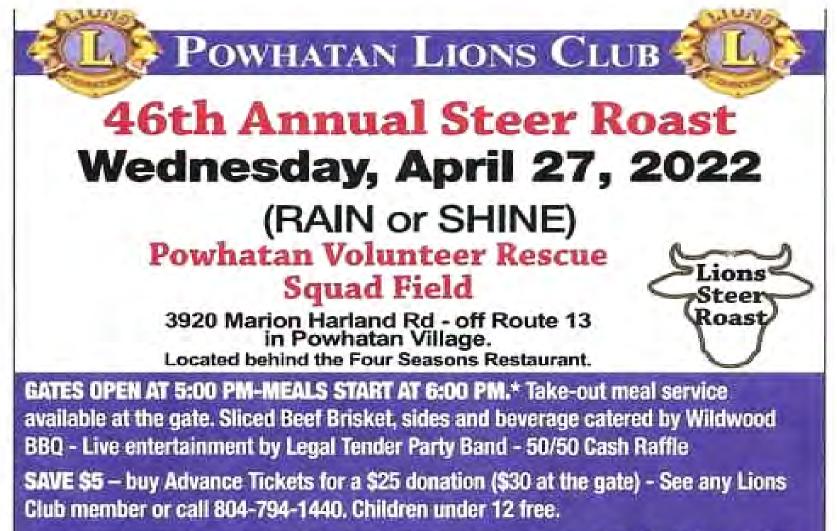
Calling all Lions, Calling all Lions where there's a need there's a Lion. VisionWalk has a Need for you! First, join the team to register online at: <u>https://give.fightingblindness.org/team/412752</u>

Make the First Donation yourself. Email all your friends and see if you can get 10 people to donate \$20 to your webpage online. Next come April 9th at 9AM registration and at 10 AM is the walk to the track at Mount Trashmore in Virginia Beach. If you don't want to walk just hang out and listen to music. If you have never been there, it's a Hill of what was once trash covered in 10 feet of dirt and luscious green grass. There are volleyball nets, swing sets and kids cove playground, a skateboard park and of course a 1-mile walking track with convenient resting benches strategically located every 200 feet or so. No Dairy Queen at this locale unfortunately. There will be food, fun and dancing it's an extravaganza!!! You really should bring every guest you can to find out how much fun it can be to be a Lion. Helen Keller challenged us to be knights of the blind - so that no one would have to suffer from correctable blindness. I can imagine that if the Foundation Fighting Blindness gets their way, all blindness will be correctable - could you help with this need? Where there's a need there's a Lion!





Celebra	ting Club Char	ter	
	Inniversaries		
Club Name	Date	Years	
Brookville Timberlake	April 17, 1956	66	
Lynchburg 7 Hills	April 23, 2009	13	
Williamsburg Host	April 24, 1934	88	
Newport News Denbigh	April 23, 1959	63	
Virginia Beach Thalia	April 20,1966	52	
	Total	286	



You may also make tax deductible donations to the Powhatan Lions Club Foundation, a 501(c)(3) organization.



Come support your community.

Bring eyeglass and hearing aid donations - collection bins will be available. Adults with valid photo ID may purchase a beer and wine wrist band for \$5 at the event. E-mail for any questions you have to **PowhatanLions@gmail.com**

Lions Club Car & Truck Show Celebrating Amelia County Entry Fee: \$20.00 in advance, \$25 at the gate May 7, 2022 Registration: 8:00 a.m. to 12:00 noon (Must be registered by Noon for judging) For More Information Contact: Lee Harrison @ 804-561-0495 **Old Wells Fargo Parking Lot** Bring your used Eyeglasses and Hearing Aids and receive a FREE Amelia Courthouse Square drink ticket at the Lions Club Food Booth Show Open to Any Year Make and Model Trophies for Top 20 Vehicles (Judging by Participants; no individual vehicle classes; plus Lions' Choice and People's Choice Award) Trophies awarded at 2:30 p.m.



MD24, D	istrict N	District 24-I 2021-22 Calendar of Ev leetings, DG Official Visits, Club Fund		ts
Date	Time	MD 24 , District 24I events,	Location	Confirm
		MARCH 2022		
March 24, 2022	6 pm	ZONE I Meeting Shelia Chewning	Unique Experience Eatery	
Mar 25-27, 2022		Southeastern VA R 4,5,6 Lions Bland Contest	Dates, Location TBA	
March 26, 2022	7am	BMW Lions Bass Fishing Tournament	Brandermill Boat Landing	
March 31, 2022		ZONE I Meeting Brent Bohannon	Peter Chang's Richmond Rd	
March 31, 2022	7PM	PID Jerome Thompson - Youth Webinar	See Facebook link to webinar	
	1.4	APRIL 2022	· · · · · · · · · · · · · · · · · · ·	
April 3, 2022	2pm	Central VA Regions 1.2.3 Bland	Four Mile Creek Baptist Church	
April 5, 2022	6 pm	James City Lions Club Charter Night with DG Greg Cole	Colonial Heritage Clubhouse	×
April 7, 2022	Noon	Chesapeake Southside Lions Club	Swan Terrace @ Founders Inn	V
April 9, 2022	9am	VISIONWALK	Mount Trashmore, Virginia Beach	
April 19, 2022	6 pm	Tappahannock Lions Club Celebrate 80 th Charter Night w/ DG Greg Cole	Fairways Restaurant at Fairways Golf Club	V
April 27, 2022	5pm	Powhatan Lions Club 46th Annual Steer Roast- see flyer on Facebook	Powhatan Courthouse Behind Rescue Squad	
April 28- May 1		MD 24 LOV State Convention	Delta Marriott in Chesapeake	V
April 29, 2022	7 pm	MD24 Bland Music Scholarship Contest	Delta Marriott in Chesapeake	V
April 30, 2022	1	PDG Annual Breakfast and PDG Social	Contact PCC C Vandergrift	11
		MAY 2022		1
May 7, 2022	7am	AMELIA LIONS CLUB - CAR SHOW	Amelia Courthouse	
May 17, 2022	TBA	Zone J Meeting with Brent Bohannon	To be announced	
	1	JUNE 2022		
June 1-4, 2022		LITPC Alternate Site Pin Swap PTCV Host: PCC Chet Kramer	Doubletree Williamsburg, VA	
June 16, 2022	6 pm	BAMM Lions Club w/ DG Greg Cole 88 th Charter Night Celebration	Brandermill Country Club	×

If your Lions Club, Zone, or Region has an upcoming meeting or Charter event during the remaining Lions Year 2022, please contact PDG Ann Ragland, Cabinet

Secretary with the date, time, location of the event. Welcome April !

Key: $\sqrt{}$ = confirmed

MD 24 / District
Club Fundraiser/ Service
Club Visit by DG, 1VDG, 2VDG
Completed event

Call Cabinet Secretary Ann Ragland to Schedule a DG, 1VDG, 2VDG Club Visit, or a Region, Zone Meeting or Club Event or Project

IN MEMORIAM

Harvey J. Paquette

Powhatan Lions

WELCOME OUR NEWEST LIONS

Powhatan Lions

Michael W. Byerly Mary E. Finch Ralph A. Finch Jr.

<u>Virginia Beach</u> <u>Central</u> <u>Lions</u>

Gary E. Held

<u>Rustburg</u> <u>Lions</u>

Keith E. Smith

<u>Virginia Beach</u> <u>Host Lions</u>

Alexis Sydney Apollony





