

"Beyond the Horizon"



Lions Roar

The official newsletter of Lions of Virginia District 24-I

Vol. 2, No. 3

Winter 2020

*Connecting the clubs, communities & needs
for the Lions of Central and Southeastern Virginia. We Serve!*

For body & shine: Winter Social 2020

When you look at your Lions club, does it more closely resemble an old shampoo commercial than a service organization?

Face it: What used to be your best feature has become lackluster, mousy, brittle. You and your fellow Lions want to bring back the body, bounce, and shine that attracts new Lions and excites longtimers.

You need active members who want to serve, learn, fellowship, and be the hands and feet of Lionism in your community. Where do you learn how to attract those new Lions you need to turn your club around?

Then Winter Social 2020 is your next best opportunity to pick up a few new Lions

Winter Social 2020 offers Lions a one-stop event filled with fun, food, fellowship, and great ideas. Slated to kickoff at 9 am on Saturday, February 29th at the Holiday Inn - Historic Williamsburg, Lions of Virginia District 24-I Winter Social is a don't miss event for any Lion looking to re-energize their local club.

Lions staying overnight qualify for the special Lions rate if reserved by Friday, February 14th. Event registration to include BBQ Picnic lunch is due to Lion Pat Kerr by Tuesday, February 18th. Walk-ins are welcome, though will have on-your-own meals. See the back page of this issue for the Registration form.

Training and information sessions include:

- ◇ **Certified Guiding Lion Training** (with PDG Debbie Ivey - Please contact Lion Debbie in advance to let her know of your intent to take the class. See the Registration form for more information)
- ◇ **Lions Learning Center - What's new?**
- ◇ **Innovative Service Projects - a Panel Discussion**
- ◇ **Club Rebuilding - Put the Ohio Plan in Action**
- ◇ **Creating a Hearing Aid Bank**

At 1 pm, the **District Cabinet meeting** will commence in the Chesapeake Ballroom with Interim District Governor Scott Durbin presiding. Your club can be represented by your President, Secretary, or their proxies, as well as members of the club. The District Cabinet meeting is your best resource for hearing firsthand:

- ◇ **District 24-I leadership updates**
- ◇ **News from LCI**
- ◇ **Service opportunities with District Committees**

Register today and be ready to put the body, bounce, and shine back into your club. Get ready to learn, fellowship, and serve. Be the Lions you were meant to be.



Leadership



Dedicated to
Patricia Jones
Immediate Past District Governor
24-I

Training

Upcoming:

Lions Learning Center
10 am, Saturday, February 29th
during Winter Social 2020

and Available online

Free courses available to Lions at all levels of the organization. You will need your member number to setup an account.

Certified Guiding Lion -
9 - Noon, Saturday, February 29th
during Winter Social 2020

Guiding Lions are assigned by the District Governor to mentor new and restructuring local clubs. Assignments are for one year or as determined by the District Governor.

and Available Online

We are seeking Lions interested in serving as a Guiding Lion in Central Virginia for a new club or a club undergoing the rebuilding process.

Candidates must have served as a Club President.

Club Officer Training

Club Officer training for upcoming Presidents, Secretaries, and Treasurers will be announced in several locations this spring. Watch for dates, locations, and times to be announced soon.

Regional Lions Leadership Institute

Lions stepping into club leadership roles as President or Vice-President are encouraged to attend RLLI. Offered annually the first weekend in March, registration has closed for the 2020 session. Watch for the 2021 session to be announced later this year.

Scott Durbin Interim District Governor 24-I

Fellow Lions, it is with a heavy heart that I must inform you that District Governor Lion Pat Jones has resigned her position due to health reasons.

Lion Pat has made a gallant attempt to fulfill her duties. Initially, her movement was restricted, but has more recently declined to the point that she realized she is unable to continue to serve her district in the availability capacity she needs to accommodate.

Several Lions asked me to accept the position for the remainder of the current year and still have my full year during Lions year 2020-2021. I volunteered to step up and LCI accepted me as Interim District Governor for the remainder of Lions Year 2019-2020.

I will do the best I can to bring our District through what has been a difficult year. We've seen clubs choose to dissolve rather than taking steps to revitalize. In the past couple of months, my club alone has lost two dear Lions, including my mother-in-law. My wife Lion Mary and I have continued in Lionism and will continue to serve District 24-I to the best of my abilities. We will end this year on the upswing.

This Lions year, Lion Pat set our theme of Diversity: Key to Growth. Her focus was to build Leo and Campus Clubs to secure the future of Lionism in District 24-I. We will continue to strive for diversity in our clubs and taking Lionism to young people as we plant new Leo and Campus Clubs, as well as add younger Lions to our existing clubs.

I look forward to working with you the rest of this Lions year and leaping forward into the next.

Looking forward to seeing you at Winter Social 2020 to give you more updates, I am

Yours in Lionism,
Scott Durbin
Interim DG 24-I

Cell 757-749-8567
Home 757-431-1205
E-mail: sbdurbin@cox.net

We Serve: Diabetes Awareness



Service

The incidence of diabetes and prediabetes presents an excellent opportunity for Lions to serve their community.

Recently, the Center for Disease Control and Prevention (CDC) estimated that approximately 30.3 million people of all ages - or 9.4% of the U.S. population - had diabetes in 2015. This number continues to rise alarmingly each year.

Approximately 84 million American adults - more than 1 out of 3 - have prediabetes. Of those with prediabetes, 90% do not know they have it.

Prediabetes puts one at risk of developing type 2 diabetes, heart disease, and stroke. A person with prediabetes can make lifestyle changes to prevent or delay type 2 diabetes and other serious health problems. However, if someone is unaware they have prediabetes it is unlikely they will get more exercise, change their diet and/or lose weight.

Lions have an opportunity to serve members of our community by identifying their risk for type 2 diabetes. We may:

- **Offer risk assessment forms at health fairs, or to those screened at sight and hearing events.** Be aware of where to refer those uninsured and underinsured. (CDC's risk assessment form is available by copying and pasting the link below into your web browser.) <https://www.cdc.gov/diabetes/prevention/pdf/Prediabetes-Risk-Test-Final.pdf>
- **Schedule and publicize a presentation by a diabetes educator at a local library or other venue.** Use healthy snacks and give away items with prevention information printed on them to increase participation.

Let me know how I can help.

- I will be happy to review your project and determine if the District may provide matching funds.
- If you tell me about your projects, I will be able to share ideas with other clubs.

Lion Don Butts
Diabetes Awareness Chairperson
donwbutts@gmail.com
757-603-2674

Looking for District 24-I information and LCI links? Check out our website:
www.lionsdistrict24i.org

In Memory

Please keep in your thoughts and prayers these Lions, their families, friends, and Clubs.

Amherst

Lion Jimmy Floyd

Boykins

Lion Samuel Drewry

Chesapeake Western Branch

Lion Barbara Gabriele

Churchland

Lion Manuel Wyrton

Farmville

Lion John Austin

Lynchburg 7 Hills

Lion Gene Gallagher

Middlesex County

Lion Betty Marrin

Norfolk Host

Lion Wilson Dodson

Lion Margaret Buttrill

Richmond James River

Lion Clifton Shelton, Jr.

Richmond West Breakfast

PDG Lion John D. Farmer

PDG Lion Paul Miskovic

Virginia Beach-Kempsville

Lion John Hubbard

Virginia Beach Bayside

Lion Robert Eidson

Virginia Beach Town Center

- Blind

Lion Barbara Reid



Membership - Retention through Service

	# Served	Volunteers	Hours
Diabetes			
Newport News Host	20	4	16
Onancock	20	4	24
Environment			
James City	250	12	31
Virginia Beach Oceanside	5	4	5
Eyeglass Recycling			
Amherst (pairs)	2400	6	70
Eastern Virginia Medical School	100	4	6
James City (pairs)	200	2	2
Lancaster County	287	5	11
Williamsburg Host	542	9	10
Hunger Relief			
Amherst	60	4	46
Brookville-Timberlake	10	2	4
Chesapeake Host	300	6	12
James City	303	26	101
Kenbridge-Victoria	30	4	9
Tappahannock	100	1	4
Virginia Beach Oceanview	12	2	6
Williamsburg Host	88	5	30
Varina	2400	20	65
Virginia Beach Bayside	100	9	10
Virginia Beach Oceanside	108	6	16
Virginia Beach Town Center-Blind	17	6	18
Vision Screening			
Amherst (1 referral)	25	3	3
Charlotte County (125 ref.)	1425	12	72
Eastern Virginia Medical School	35	11	33
James City	363	27	76
Lancaster County	85	4	16
Newport News Host	58	9	36
Norfolk Ocean View	7	2	4
Onancock	8	2	6
Smithfield	413	12	43
Virginia Beach Bayside	9	5	16
Virginia Beach Oceanside	19	6	18
Windsor	60	6	15
Other			
Amherst County	\$2,804 raised	7	200
James City	258	36	110
Norfolk Norview	\$179 raised	8	18
Portsmouth Host	10	1	1
Varina	1400	7	389
Virginia Beach Bayside	2	1	6
Virginia Beach Oceanview	7	2	5
Virginia Beach - Thalia	50	36	69

Spotlight on Fall 2019 Club Activity:

Amherst County - Made donations totalling \$5,250 to local organizations; purchased 11 pairs of eyeglasses totalling \$930; collected 76 pairs of eyeglasses.

Charlotte County - Screened vision for 1425 children in Charlotte County Elementary and Middle Schools (125 referrals); worked Miss Janie's Sit'n Sip to support the Barksdale Family Cancer Foundation.

Eastern Virginia Medical School - A vision screening event for adults that promotes eye health and raises community awareness of the causes of preventable vision loss took place at the Denbigh United Presbyterian Church.

James City - Assisting optometrists with patients requiring eye exams at Olde Towne Medical and Dental Center; SPOT vision screening with Suffolk, Franklin, Smithfield, Windsor clubs; collecting trash & debris on Monticello Avenue; organizing and facilitating the collection of plastic bags for donation to an elementary school for recycling into benches with 52.5 pounds of plastic bags collected in January at D.J. Montague Elementary School.

Kenbridge-Victoria - Lion Ollie picks up food for the Victoria Salvation Army to be packaged and given to those in the community in need.

Norfolk Ocean View - An ongoing monthly support group for adults who are living with blindness and/or visual impairment that fosters personal growth, self-determination, peer-to-peer engagement, emotional support, independence and mobility at Norview Baptist Church.

Onancock - Community activity focused on Type 2 diabetes screening at Eastern Shore YMCA. A vision screening event for adults that promotes eye health and raises community awareness of the causes of preventable vision loss at Eastern Shore YMCA.

Varina - The clubs service project was to sort non-perishable foods for the Henrico Christmas Mother Program, the club sorted over 6,000 food items. We had 11 members of the club participating, along with 5 Leos and four other volunteers.

Virginia Beach Bayside - An ongoing monthly support group for adults who are living with blindness and/or visual impairment that fosters personal growth, self-determination, peer-to-peer engagement, emotional support, independence and mobility at Bayside Library.

Virginia Beach Thalia - The club provided "Santa" and Holiday meals for 14 families in need. Members provided Santa to homeless children who were living in shelters.

Williamsburg Host - Volunteers packed grocery bags, provided clothing and housewares to clients in need. Also stocked shelves at FISH, Local Food/Clothes Pantry.

Looking for Club statistics? See the full breakdown on www.lions-of-virginia-24d.org or www.district24b.org

Welcome to our New Lions!

Brookneal

Lion Ava Mitchell
Sponsor – Lion John Dabbs

Eastern Virginia Medical School

Lion Waleed Adawi
Sponsor – Lion Jody He

Lion Maurielle Artis
Sponsor – Lion Jody He

Lion Lauren Coltrain
Sponsor – Theodore Hagens

Lion John Thomas Gote
Sponsor – Lion Jody He

Lion Lauren Mason
Sponsor – Theodore Hagens

Lion Meghann Muldowney
Sponsor – Lion Jody He

Lion Elizabeth Pogrebniak
Sponsor – Lion Jody He

Lion Vanessa Rave
Sponsor – Theodore Hagens

Lion Kayshaliya Sharma
Sponsor – Theodore Hagens

Eastern Virginia Medical School (cont)

Lion Sina Vahedi
Sponsor – Lion Shannon McCole

Lion Tarek Zagade
Sponsor – Lion Jody He

James City

Lion Gary Boxeth
Sponsor – Lion Steven Gohn

Lion Cristina Klema
Sponsor – Lion Johanna Theloosen

Longwood University

Lion Kasie Fowler

Middlesex County

Lion Danielle Barton
Sponsor – Lion Michael Hurd

Lion Pamela Burrell-Pierce
Sponsor – Lion Michael Pullman

Lion Sarah Janan Major
Sponsor – Lion Michael Hurd

Lion John Koontz
Sponsor – Lion William Pullman

Middlesex County (cont)

Lion Michael Pierce
Sponsor – Lion Michael Pullman

Lion Jessica Teague
Sponsor – Lion William Pullman

Oceana-Lynnhaven Golden

Lion Jacqueline Bramlett
Sponsor – Lion Kathy Harvey-Jones

Powhatan

Lion Theodore Voorhees
Sponsor – Lion Bradford Nunnally

Smithfield

Lion Janice Rauchenberger
Sponsor – Lion Chanelle Zanders

SE Virginia Filipino- American

Lion Dr. Cresenciano Lopez
Sponsor – Lion Reymond Pascual

Virginia Beach-Thalia

Lion Billy D McIntrye
Sponsor – Lion John Watters

Find us on



Attention: Local Bland Competitions

The Annual James Bland Memorial Scholarship Competition recognizes outstanding student musicians from around the commonwealth. The series of local and regional competitions culminates during the Lions of Virginia State Convention.

Local clubs still planning competition dates are urged to avoid the following:

- February 7-8: All District Chorus
All Virginia Chorus Auditions
- February 22: All Virginia Band/Orchestra Auditions
- April 4: All Virginia Elementary Chorus
- April 23-25: All Virginia Band, Chorus Orchestra
- April 28: All Virginia Guitar Ensemble

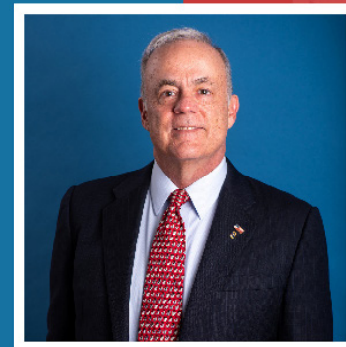
Note: Please forward the date, time and location for your contest as soon as possible to:

Region 1, 2, 3 to Lion Ann Ragland

Region 4, 5, 6 to Lion Pat Morrell

District information regarding Central and South-eastern District Contest dates to follow.

Lions of Virginia



**Vote For
PDG Jay Moughon**
as Virginia's Endorsed Candidate
for International Director
at the Lions of Virginia State Convention
May 14 - 17, 2020
Chesapeake, Virginia



February 29, 2020
District 24-I Winter Conference
Leap Forward

Lions Education Action Planning

Location: Holiday Inn - Historic Williamsburg

515 By Pass Road, 23185

Preliminary Agenda

<i>Morning</i>	<i>Education Sessions</i>	<i>Room</i>
<i>9am-Noon</i>	<i>Certified Guiding Lion Training with PDG Debbie Ivory</i>	<i>Potomac</i>
<i>10 – 10:45 am</i>	<i>Session A: Lions Learning Center, what's new?</i>	<i>York</i>
<i>10 – 10:45 am</i>	<i>Session B: Panel: Innovative Service Projects</i>	<i>James</i>
<i>11 – 11:45 am</i>	<i>Session C: Club Rebuilding, Put the Ohio Plan to Action</i>	<i>York</i>
<i>11 – 11:45 am</i>	<i>Session D: Process to create a Hearing Aid Bank</i>	<i>James</i>
<i>Afternoon</i>	<i>Agenda</i>	<i>Ballroom</i>
<i>Noon – 1 pm</i>	<i>BBQ Picnic Buffet Luncheon</i>	<i>Chesapeake</i>
<i>1-3 pm</i>	<i>24I Cabinet and District Meeting</i>	<i>Chesapeake</i>
	<i>Adjourn</i>	<i>Chesapeake</i>

Please Complete Registration Form Below. Mail with Check payable to MD 24-I Winter Conference to: **Lion Pat Kerr, 2012 Hidden Lake Drive, Williamsburg, VA 23185**, or email to lionpatk@cox.net

Registration	Includes Winter Conference Pin	\$5.00
Luncheon: Barbecue Picnic Buffet	BBQ, Roll, Cornbread, Cole Slaw, Potato Salad, Green and Baked Beans, Mac & Cheese, Dessert, Iced Beverage.	\$20.00 includes gratuities
Name:	Club:	Position Held:
Email:	Phone:	Total enclosed:

For Hotel Reservations, Friday or Saturday, call HI @ 757-229-9990 Mention Lions Rate \$79.95(++) w/o Breakfast. Hotel Registration Deadline is February 7, 2020. Cancellation date is February 14 (unless for illness or weather). Please Note: The Hotel is holding a block of 10 rooms on Friday and 20 rooms on Saturday evening for those who wish to spend time touring, shopping or dining in the area on Friday or Sunday. **The LIONS block & rate ends February 14 2020** so don't delay, make your reservation Send your registration to Lion Pat no later than Monday February 18 to guarantee a BBQ luncheon with the group.