



Governor's Message

Hello Lions!

It's August already, and as I write this we are only one week away from our First District Meeting. Per tradition it will be at the Brickhouse Auditorium in the Raleigh Building of Norfolk General Hospital. I've made arrangements with security to allow Lions to use the Employee Parking in the garage opposite the CHKD Emergency Room on the other side of Raleigh Ave. Security will be at the gate, just let them know why you are there and they should let you through. After parking take the 2nd floor walkway to the main building, down the hall, take a left, go past the security office and you'll walk right into the lobby. We'll have some drinks and snacks available. I'm looking forward to seeing you all for a relatively brief but info packed effective start of our Lions year!

Speaking of new starts... It's been a busy month! Full of new challenges and opportunities. The Fall Conference is set, and will include new faces, great classes including guests from the Area GMT and ID Lewis Quinn from Alaska. We will also be including a Guiding Lions training class on Sunday morning where a breakfast buffet will be available at a very reasonable cost. As far as the dinners go, I wanted to do something special... so be sure to sign up for Friday night! Our theme this year is "Our Lions Centennial: 100 Years of History and Service", and it includes a slideshow tour of the hundred years of Lions Conventions. It should be a lot of fun, and a great way to introduce non-lions into our

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century of good works. So feel free to invite pending members, potential Lions who might still be on the fence and even friends who haven't shown much interest... Friday night will be a great icebreaker.

Lastly, including non-Lions in on the mission doesn't have to just be for special occasions I've had the chance to meet with a few younger friends of mine who have some influence in local culture and youth. They've shown great interest in what the Lions are doing and will be attending some meetings and functions. I anticipate new relationships and some honest feedback. Also, some initial contacts have been made with local government about getting involved with existing programs and seeing how we can participate in new, meaningful and visible ways. Everyone I've spoken to so far has been very eager to learn more about our Centennial Celebration and contributing in some way. As an organization it is important we let people know that we are here for them. Whether they want to help, or need it the Lions are here and have been a part of the community for a hundred years and with their help we'll be here for a hundred more!

Yours in Lionism,
DG Tucker C.



Employees stay where they are:



Paid Well



Mentored



Challenged



Promoted



Involved



Appreciated



Valued



On a Mission



Empowered



Trusted

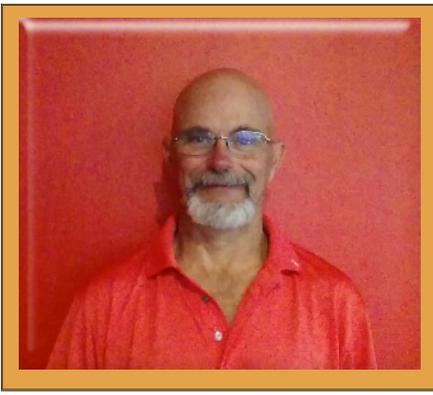
Members just don't get a paycheck!



Beth Stevens **1st Vice District Governor**

Help Spread the Word About Lions

As our Centennial Celebration draws near, it's time for us to step-up our efforts to spread the word about Lionism in Southeastern Virginia. Often, you'll hear presenters or trainers suggest that your Lions Club create an "elevator" speech to give your members so they are prepared to talk about Lions; but, how many of you have actually taken this step? It seems like just another item to add to an already long list of things to do. So, here's a Lions of Southeastern Virginia handout I developed from Lions Clubs International information and a few facts about our District to help give you a jump start on this vital task. Why is this task so important? First, it's necessary that all Lions Clubs in Southeastern Virginia are sending out consistent messaging to our community. This is especially important during our Centennial Celebration. Second, your club can use this handout in new member orientation kits to help members learn more about Lions' programs and services. Third, the best form of recruitment is word of mouth. If your members aren't familiar and excited about being a Lion why would they tell a friend? Lions are positively impacting our local communities so help us spread the word. A typical elevator speech is about one minute long. It gets its name from the amount of time you spend interacting with another person during an elevator ride. Lions do so much that it's hard to explain our organization in a minute so I find it's best to be familiar with all our programs. When you first mention the Lions highlight our core service areas: sight, health, youth, community and environment programs. If people are interested to hear more, they will ask a question from one of the highlighted areas. This is where you add more specifics and be sure to include service statistics and projects supported by District 24D and your club. I don't know of anyone who isn't impressed that Lions of Southeastern Virginia conducted eye screenings on 76,000 children since 2010, donated 18,000 children's books to educational programs or schools, annually provided free eyeglasses to hundreds of financially disadvantaged people in need or sponsored a Diabetes Camp each year. I hope you'll use this handout found in this newsletter to help spread the word about Lions. If you would like a copy of the Lions of Southeastern Virginia handout emailed to your club, please contact me at VDG1@district24d.com. I'm looking forward to hearing from you soon.



Jeff Gaddis 2nd Vice District Governor

I just got back from the RAM in Wise county. That was the first time that I have gone to it and it will not be my last. I was so amazed at what went on. From the time we got there to the time we left there was always something going on. The people there were so thankful and polite. Services that were provided were eye screenings to plastic surgery and everything in between .There were doctors of all fields there. I was very proud to call myself a Lion. People always ask why I am a Lion and this is why. Helping others in need . Services were provided for 2111 people and totaling 1.2 million dollars. That's great! I had a great time and met some new friends. I will always remember one lady - all she wanted to do was to hear again. She could not see but she said that was for later. The last time I saw her she was getting fitted with a pair of hearing aids. All of the children that we screened with the SPOT - it felt great. I think everybody needs to experience this once in a life time. The people that would come to get their eye screening done and would say "my glasses quit working" or the ones that would bring their glasses in a bag and ask if we could fix them. I would always say lets see if we can get you a new pair.

Let's not forget about the 1st cabinet meeting on Aug 7. I would like to hear from clubs that are going to team up with Anthem this year. I hope to see everyone at the Eye Bank Dinner on Aug 17. I hope to see everybody at the Fall Conference. Looks like DG Tucker has a lot planned, so come on out and have some fun.

Yours in Lionism

2nd VDG Jeff



Governor's Calendar

AUGUST

- 7 First Cabinet Meeting
- 9 Little Creek Official Visit (OV)
- 15 Deep Creek OV
- 17 LMEB Annual Dinner
- 22 Oceanside OV/Charter Night

SEPTEMBER

- 9-11 24-D Fall Conference, Chesapeake
- 11 Guiding Lions Training
- 13 Chesapeake Host OV
- 15-17 USA Canada Forum
- 20 Norfolk Host OV (Lunch)
- 20 Western Branch OV
- 22 James City OV (Breakfast)
- 23-24 24-E/F Fall Conference, Roanoke
- 26 Virginia Beach Host OV (Lunch)
- 27 Zone A Meeting (Middlesex-Beacon)

OCTOBER

- 3 Ocean View OV
- 5 Bayside OV/65th Charter Night
- 6 Oyster Point Mariner OV (Lunch)
- 8 LCF Bid n' Buy Auction
- 10 Northampton OV
- 13 Boykins OV
- 15-16 Eye Bank Presentation
- 18 Williamsburg Host OV
- 19 Cape Charles/Central Shore/Onancock Official Visit
- 20 Franklin OV
- 25 Portsmouth Host OV
- 27 Windsor OV
- 28-30 24-A Fall Conference

NOVEMBER

- 2 Craddock OV
- 3 Southside OV
- 4-6 24-B Fall Conference, Fredericksburg
- 11-12 24-C Fall Conference, Shenandoah University
- 11-12 MD24 Pin Swap
- 14 Churchland OV
- 15 Middlesex County OV
- 21 VB Woodstock OV
- 22 Lancaster County OV

DECEMBER

- 25 Christmas

JANUARY

- 6-8 Council of Governors (Roakoke)
- 10 Princess Anne OV
- 12 York OV
- 17 Portsmouth Children's First OV
- 19 Poquoson OV
- 24 Great Bridge OV/60th Charter Night



WELCOME NEW MEMBERS

It's always nice to welcome new faces and friends into the Lions Organization. Please join me in welcoming these 5 new members into the District and make it a point to say hello when you meet them.



Frank Congel, Lancaster County
Cheryl Robertson, Middlesex County
Melvin Robertson, Middlesex County
Garsed Sketchley III, Middlesex County
Paul Orvis, Bayside



Charter Celebrations

<u>CHARTERED</u>	<u>YEAR</u>	<u>CLUB</u>
3 August 1982	34 th	VB Oceanside
24 August 1933	83 rd	Virginia Beach Host



Please keep the following Lions and their families in your prayers. Each will be missed in their own special way as they departed in July for the Lions Pride beyond the sunset:

Samuel S. Bisese, Churchland, 50 years
Ray Baker, Poquoson, 16 years
Robert H. Fall., Kempsville, 20 years



DC Tucker



GLOUCESTER LIONS CLUB



Recognizing the need to assist other agencies in the community whose focus is also on service, the Gloucester Lions were able to provide a donation to the Middle Peninsula Northern Neck Community Services Board to help them in their mission to provide education and services related to mental health, intellectual disabilities, and substance abuse detection, prevention, and early intervention. Above, Lion Vice President Don Malkemus presents CSB Executive Director Charles "Chuck" Walsh, Jr., with a check for one hundred dollars. Below, at the same meeting, Lion Rene Welz was presented with a Certificate of Excellence by the club for her outstanding work as Club Secretary for the past year.

LIONS MEDICAL EYE BANK



37th ANNUAL DINNER



Wednesday, August 17, 2016

Norfolk Yacht & Country Club
7001 Hampton Blvd, Norfolk, VA

Members Meeting at 5:00 pm followed by Board Meeting
Social Hour at 6:00 p.m. (Cash Bar) Dinner at 7:00 p.m.

*\$35.00 per person/\$350.00 per table**

*(*Clubs with fewer than 10 will be asked to share a table. If your club knows of another club with whom you'd like to make up a table of 10, please include that info with your reservation so that can be accommodated)*

Mail reservation & check to: Lions Medical Eye Bank,
600 Gresham Dr, Norfolk, VA 23507 OR
call (757)388-2748 by August 5

Dinner Selections: Chateau Briand or Seafood Medley

LIONS MEDICAL EYE BANK
37th ANNUAL DINNER - WEDS, AUGUST 17, 2016

Individual Registration (\$35.00 per person)

Club Registration (\$350.00 per table of 10)

Name: _____

Club Name: _____

Phone: _____

Contact person: _____

Name: _____

Phone: _____

Phone: _____

Total # of Chateau Briand meals: _____

Total # of Seafood Medley meals: _____

Mail reservation with check made out to Lions Medical Eye Bank,
600 Gresham Drive, Norfolk 23507 by AUGUST 5, 2016



DISTRICT 24-D FALL CONFERENCE SEPTEMBER 9-10, 2016

Chesapeake Marriott

725 Woodlake Drive Chesapeake, VA 23320
757-523-1500

Free Parking

- Free High Speed Internet
- Fitness Center
- Indoor Pool
- \$89.00/ night Rate is for Thursday thru Sunday
- ALL HOTEL RSVP'S MUST BE MADE BEFORE AUGUST 22, 2016 (make sure you state you are with the Lion's District 24-D Fall Conference)
- Any problems please call PDG Lion Donnie Johnson at 757-803-8787

District Governor Tucker Casanova's Theme:

“Our Lions Centennial: 100 Years of History and Service”

Make your reservations early to save money...early bird registration fee is \$20.00 up to August 15, 2016. All registrations received after August 15, 2016 will be \$25.00. Children are encouraged to attend events. There will be a children's table at the luncheon and banquet.



DISTRICT 24-D
70th Annual Fall Conference
September 9 & 10, 2016

Chesapeake Marriott 725 Woodlake Drive Chesapeake, VA. 23320 757-523-1500
Room Rate \$89.00 **RSVP's need to be received no later than August 22, 2016 to get this rate.**

Friday: Dinner "Our Lions Centennial: 100 Years of History and Service" 6:30 pm
Casino Night/Music/Lions History
Hospitality Room 9:00 p.m. to 11:00 p.m.

Saturday: Breakfast Buffet
Training Classes 8:30 a.m. to 11:45 a.m. and Regional GMT Training
Lunch - Guest Speaker Dave Korroch, CEO, Lions Medical Eye Bank
24-D Cabinet Meeting/District Meeting 2:00 to 4:00 p.m.
Social 6-7:00 p.m. Dinner 7:00 - 9:00 p.m.
Hospitality Room 9:00 p.m. to 11:00 p.m.

Sunday: Breakfast Buffet Guiding Lion Training COG Meeting

Cut and send bottom section in with Registration Information All RSVP's must be rec'd by September 1, 2016

Make checks payable to : Aragona-Pembroke Lions and send registration payments to:
PDG Lion Donnie Johnson 904 Whitbeck Court Virginia Beach, VA. 23464

Registration Fee: \$20.00 (if rec'd by 8-15-2016) # _____ x \$____.00 = \$ _____
Name of Attendees: Lion _____

** \$25.00 registration fee if pmt is received after 8-15-16** Name of Attendees: Lion _____

Children Under 12 eat FREE Others: List Name for Name Badge _____

Friday Buffet Dinner: # _____ x \$35.00 = \$ _____

Saturday Breakfast: # _____ x \$15.00 = \$ _____

Saturday Lunch: # _____ x \$18.00 = \$ _____ 50/50 6 for \$5.00 _____

Saturday Dinner: # _____ x \$30.00 = \$ _____ 50/50 6 for \$5.00 _____

Sunday Breakfast: # _____ x \$15.00 = \$ _____

Special Needs Meals: Please explain and provide # of meals and type needed _____

Fall Conference 2016
District 24-D Meals

Friday, 9/9/2016 – Dinner Buffet: \$30.00 per person

Fried chicken	BBQ pork sliders	Potato salad
Corn on the cob	Tossed salad	Corn bread
Chef's choice assorted desserts	Bread pudding	Beverage service

Saturday, 9/10/2016 – Breakfast Buffet: \$15.00 per person

Fruits	Eggs	Bacon
Sausage links	Potatoes	Biscuits/Croissants with butter & jams
Beverage service		

**** Special Meal Requests should be noted on Registration Form**

Saturday, 9/10/2016 – Lunch Buffet: \$18.00 per person

Tossed garden salad with homemade dressings	Potato salad
Minestrone soup	
Build your own sandwich on artisan breads	
Honey baked ham, smoked turkey breast, sliced roast beef	
Assorted sliced cheeses	
Lettuce, sliced onions, sliced tomatoes, kosher pickle spears and condiments	
Freshly baked cookies and brownies	
Beverage service	

**** Special Meal Requests should be noted on Registration Form**

Saturday, 9/10/2016 – Plated Dinner: \$30.00 per person

Pork Porterhouse
Garlic red oven roasted potatoes
Amandine green beans
Tossed salad with homemade dressings
Yeast rolls with homemade honey butter
Chocolate cake and Cheesecake with raspberry drizzle
Vegetarian option: Cavatappi pasta with portabella mushrooms
Beverage service

****Special Meal Requests should be noted on Registration Form**

Sunday, 9/11/2016 – Breakfast Buffet: \$15.00 per person

Fruits
Eggs
Bacon
Sausage patties
Potatoes
Biscuits/Croissants with butter and jam
Beverage service

**** Special Meal Requests should be noted on Registration Form**

District 24-D

70th Annual Fall Conference

September 9,10,11, 2016

Fall Conference Schedule

Friday: September 9, 2016

Registration.....1:00 p.m. to 5:00 p.m.
Dinner: "A Celebration of Our Proud History" /Casino Night 6:30 p.m. to 9:00 p.m. Salon C&D

Please join us in the Hospitality Room immediately following the Banquet

Saturday: September 10, 2016

Registration..... 8:00 a.m. to 12:00 p.m.
Breakfast.....7:00 a.m. to 8:15 a.m. Salon D
GMT Meeting (PCC Ken Isaac) 8:45 a.m. to 10:00 a.m. Restaurant A Mtg Room
Centennial (PID Hauser Weiller) 8:45 a.m. to 10:00 a.m. Salon B
Social Media (DG Tucker Casanova)..... 8:45 a.m. to 10:00 a.m. Salon C

Break

Membership Class.....10:30 a.m. to 11:45 a.m. Salon A
(I.D. Lewis Quinn) "Thinking Outside the Box"
Presidents Class.....10:30 a.m. to 11:45 a.m. Salon B
Secretary/Treasurer Class.....10:30 a.m. to 11:45 a.m. Salon C
Blood Sugar Training (Lion Debbie Edwards) 10:30 a.m. to 11:45 a.m. Restaurant A Mtg Room

Lunch 12:00 p.m. to 1:45 p.m.

Speakers: Lion Gayle Quinn "Beeper Ball" and Dave Korroch, CEO, Lions Medical Eye Bank

District Meeting 2:00 p.m. to 3:30 p.m.
Cabinet Meeting 3:30 p.m. to 4:15 p.m.
Social Hour 6:00 to 7:00 pm
Banquet (Semi-Formal) 7:00 p.m. to 9:00 p.m.

Speaker: International Director Lion Lewis Quinn

Please join us in the Hospitality Room immediately following the Banquet

Sunday: September 11, 2016

Breakfast: 7:00 a.m. to 8:15 a.m.
Council of Governors Meeting 9:00 to Noon Riverside Room
Guiding Lion Training 8:30 a.m. until 12:30 p.m. ID Lewis Quinn/PCC Chet Kramer

We hope you have enjoyed spending time with us. Please drive safely as you return home.
We will be at the same location next year. Ya'll come back now...ya hear ...!!!

ZONE A MEETING

THE MIDDLESEX COUNTY LIONS CLUB

IS HAPPY TO HOST THE FIRST ZONE A MEETING OF THIS LIONS YEAR ON TUESDAY, SEPTEMBER 27, 2016 AT THE BEACON / PILOT HOUSE RESTAURANT LOCATED AT 2737 GREY'S POINT ROAD IN TOPPING. THE SOCIAL BEGINS AT 6:00 pm AND DINNER WILL BE SERVED AT 7:00 pm.

THE MENU STARTS WITH A HOUSE SALAD, FOLLOWED BY FRIED FISH AND BAKED CHICKEN, SERVED WITH CHEF'S CHOICE OF POTATOES, AND SEASONAL VEGETABLES, DINNER ROLLS, AND DESSERT. THE MEAL IS SERVED WITH YOUR CHOICE OF COFFEE, TEA OR WATER. THE COST IS \$17.00. A CASH BAR WILL BE AVAILABLE.

PLEASE SEND IN YOUR RESERVATIONS TO:

LION DICK BROWN, 279 MALLORD DRIVE, HARDYVILLE, VA 23070.

LION DICK'S TELEPHONE NUMBER IS (804) 776-8342.

RESERVATION NEED TO BE SENT IN BY SEPTEMBER 22, 2016

CLUB NAME: _____

PRESIDENT'S NAME: _____

SECRETARY'S NAME: _____

NUMBER OF CLUB MEMBERS ATTENDING: _____

CHECK ENCLOSED FOR: \$ _____



SEPTEMBER 27TH, 2016

THE PILOT HOUSE/ BEACON RESTAURANT
TOPPING, VIRGINIA

6:00 PM SOCIAL

7:00 PM DINNER

WISE VA REMOTE AREA MEDICAL

On the road again!

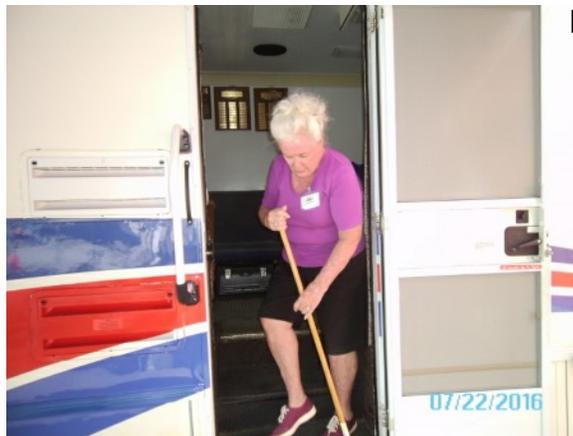
24-D's Mobile Sight and hearing van made the trip to Wise VA for the 17th Remote Area Medical.

Lion Sol Sherfey, from Smithfield, was the driver. 2nd VD Jeff Gaddis & Lion Donna Gaddis, from Denbigh, were there to help and keep thing running smoothly. Lions Mary Davis, John & Nancy Cranford from Virginia Beach Oceanside, Lion Linda Southworth, New Kent, Lion Lynn Wallace from Montclair. Bailey Fox from Berkley Springs WV & Sam Crumpler were volunteers.

Thank you to each wonderful volunteer, we screened about 300 through the van. 2,111 people were checked in. Lions John & Nancy Watters ran the vision tent with their volunteers from Thalia.

Thanks to Lion Mary Davis for organizing the entire inside of the van and keeping it clean, it has never looked so good.

Lion John Cranford



Lion Mary Davis



Lion Sol Sherfey

VA Gov, Lt Gov, Stan Brock & Lion Nancy Cranford



Lions Club Presents Check to KW School Board

By Florence Cooke

The King William County Children First Lions Club presented a check for \$550 to the county for the purpose of purchasing hearing machines for the schools at the King William School Board meeting on Tuesday, July 19, 2016 at 6 p.m. at Hamilton – Holmes Middle School. The Lions Club is a service organization who tries to improve the lives of others in the community, school and county. Whenever a Lion's Club gets together, problems get small, and communities get better. King William's Lion Club, with 22 members, is the newest member of over 46,000 clubs and 1.4 million members.



Douglas Riley, club President and Dr. David White, Superintendent

The organization works to help children in need of eyeglasses that can't afford them, help seniors and children who don't have enough to eat and assist wherever there is a need. The motto of the club is "We Serve".

During the school year the club assisted the guidance counselors with vision and hearing screening. At that time they discovered that the two machines being used were dated. It was decided that the club would assist with the purchase of two new hearing machines and would split the cost with the school board. The membership decided to do a raffle and an iPad was donated from Donna Weiler, a member of the Tappahannock Lions Club. The winner was announced at the King William Fine Arts Festival.

The summer project is First Aid Certification and AED machines for all the churches in the county. In August the club will be working with Social Services with a Backpack project under leadership of their Director, Anne Mitchell.

The Lions Club is open to everyone. They are in the process of starting a Leo Club designed for high school students and younger. The club meets on the third Tuesday of each month at 7 p.m. in the basement of St. David's Episcopal Church at 1129 West River Road in Aylett. Their invitation is, "We don't ask for much of your time, only your heart and if you can only give an hour or two a month, we can work with that."



We Serve



LIONS CHARITY FOUNDATION

2015-2016 YEAREND REPORT

The Lions Charity Foundation of District 24D, Inc (LCF) belongs to the Lions Clubs of District 24D and is governed by a Board of Directors elected by the Lions of 24D. The Foundation operates using contributions, interest on investments and fundraising events. Currently our largest fund raising activity, the Bid 'N Buy Auction is approaching its 7th year.

Your Board of Directors and especially the Grants Committee, chaired by Lion Jerry Phelps, has been very active this past Lions Year. I would like to name just a few of the areas in which your monies were allocated:

We received ten (10) Grant Requests, approved seven (7), one (1) withdrawn, one (1) denied and one (1) grant is still pending. These grant requests were presented by the Lions Clubs of 24D. A sample of the grants include the following:

Thalia - Keratoconus Lens -----\$500---Gloucester - assist for eyeglasses ---\$5,000
Town Center Blind, Equip Access Virginia - \$5,700-----Little Creek Homeless Connect
\$5,000---Barrier Island Pre-School Program - \$10,000Sarah Bonwell Hudgins Boy Scouts -
\$2,160---Franklin equip for two blind children - \$10,000

In addition to the grant requests, 26 District 24-D Lions Clubs submitted 54 grant requests for 112 hearing aids. Twenty-six (26) clubs participated in the Hearing Aid Program this year and responding to the need the Charity Foundation purchased 112 hearing aids valued at \$34,720.00. We are up to 5 suppliers of hearing aids at locations in Williamsburg, Newport News, Franklin, Norfolk and Virginia Beach.

Our Indigent Cataract and Prosthetic Eye Program headed up by PCC Stan Furman has been coordinating various care centers throughout the area. This committee has referred patients for 1 Ocular Prosthesis valued at \$3,500. The committee further referred 12 Cataract Surgeries to Hampton Roads Eye Associates and 8 to EVMS Sentara Hospital for a total of 20 surgeries valued at \$87,500.

The Board of Directors would like to thank every club that has supported the Lions Charity Foundation through donations and contributions to our largest fund activity, the Bid 'N Buy Auction.

Respectfully submitted,

Lion Donald Fuller, President 2015-2016



REGISTER TODAY FOR BEST RATES

Oktoberfest 5K Registration Fees:
\$25 postmarked before 9/19/2016
\$30 after 9/20/2016 and on race day

Virtual 5K Registration Fees:
\$20 postmarked before 9/19/2016
\$25 after 9/20/2016 and on race day

Oktoberfest 1 Mile Fun Run/Walk Registration Fees:
\$20 postmarked before 9/19/2016
\$25 after 9/20/2016 and on race day

You will not be able to pay with credit card on race day, only cash and checks will be accepted.

ALL PARTICIPANTS WILL RECEIVE:

Short Sleeve T-Shirt (New color & design), participant medal and runner's packet.
Entry to Post Race Party with beverages, bratwurst, hot dogs & beer.

AWARDS: Awards for the top 2 overall female and male finishers in the following categories: overall, 19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70+

REGISTER ONLINE AT:

www.RaceIt.com

OR mail check payable to Kempsville Lions and a completed & signed entry to: Paul Steele 1905 Blue Knob Road, Virginia Beach, VA 23464

PROCEEDS WILL BENEFIT:

The Blind, Sight Impaired, Hearing Impaired, Diabetes Research, Lions Diabetes Youth Camp, Preschool Vision Screenings, Scholarships each year to three graduating seniors, and Youth.

PACKET PICK-UP:

RUNNING ETC
1940 Laskin Road, Suite 308
Virginia Beach, VA
Saturday, October 15, 2016
2:00 pm — 5:00 p.m

QUESTIONS:

Please contact Race Director: Paul Steele, 757-479-2174, email psteele4@cox.net

LionsOktoberfest5K.org



Please Print Clearly:

Name (first, mi, last) _____

Street Address _____

City State Zip _____

Phone Number _____

Sex: M F Age on race day _____

Emergency Contact (First and Last Name, Phone Number) _____

Please circle one.

Adult Shirt Size: S M L XL XXL

Youth Shirt Size: Y M YL YXL

Email Address (required to receive registration confirmation) _____

How did you hear about this event? _____

Organizers reserve the right to cancel for any reason
 Incomplete applications cannot be processed.
****Make checks payable to Kempsville Lions Club****

Race Waiver: Please read this carefully, MUST BE SIGNED!

I understand that I am running/walking a race that is a potentially hazardous activity and poses certain serious health risks. I represent that I am medically able and properly trained to participate in this event. I agree to abide by the decision of a race official relative to my ability to safely complete the run/walk. I have read this waiver and release, and also fully understand and agree to its terms. I, acting for myself and anyone entitled to act on my behalf, now and forever, waive, release, defend, save and hold harmless, the Kempsville Lions Club, The City of Virginia Beach, Virginia Beach Parks and recreation, its representatives, and agents, Tidewater Striders, race officials, volunteers, Le Bon Enfants, all sponsors and their representatives and successors, from and against, any and all claims and liabilities, whether based on personal injury, death or monetary loss, which may arise out of my participation in this event. I assume all risks associated with running/walking in this event including falls, contact with other participants, and the effects of the weather, the traffic, condition of the roadways and trails, and such other risks known and appreciated by me.

In addition to the foregoing, I agree that my entry fee is not refundable or transferable for any reason; I also grant the right for all of the foregoing to use any photographs, motion pictures recording devices, or any other record of this event for legitimate purposes. I further understand that this event is a road race conducted under the rules of the RRCA, is not intended for skates, roller blades, bikes, or dogs on leashes. I agree to abide by RRCA rules and any other applicable rules, laws, or guidelines.

The Kempsville Lions make no warranties as to the conditions, safety, distance accuracy, or suitability for running or walking of the route.

Run/Walk at your own risk!

Signature (Parent or guardian if under 18)

Date

LionsOktoberfest5K.org



Leadership Development Opportunities

Institute	Date	Location	Application Deadline *
USA/Canada Lions Leadership Forum	9/15/16 – 9/17/16	Omaha, NE	Open registration
Advanced Lions Leadership Institute (ALLI)	11/12/16 – 11/14/16	Houston, TX	8/15/16
Faculty Development Institute (FDI)	11/11/16 – 11/14/16	Houston, TX	8/15/16
Regional Lions Leadership Institute (RLLI)	12/2/16 – 12/4/16	Lexington, VA	10/1/16
Emerging Lions Leadership Institute (ELLI)	1/21/17 – 1/24/17	Chicago, IL	10/24/16
Faculty Development Institute	11/11/16 – 11/14/16	Houston, Texas	8/28/16

*Application deadline to Lion Chet Kramer, GLT to allow processing time.

Local Learning Opportunities

Training Type	Date	Location
Various classes	September 9-11, 2016	Fall Conference - Chesapeake, VA
Leadership Training Day	April 22, 2017	District 24D – Oak Grove United Methodist Church, Chesapeake, VA.
Various classes	May 25-28, 2017	State Convention - Roanoke, VA
Webinars	Check online schedule for dates	www.lionsclubsinternational.org
Lions Learning Center	Ongoing	Register through LCI website
Lions University	Ongoing	www.lionsuniversity.org

For additional information contact Global Leadership Team Coordinator Lion Chet Kramer gltdistrict24d.com

"A Celebration of Peace"

The 2016 – 2017 theme for the Annual Lions International Peace Poster Contest.

This year is the centennial celebration of Lions Clubs International. What a wonderful time to have the theme be about celebrating.

Eleven, twelve, and thirteen year olds are eligible for this contest. This is the time the artistic abilities are beginning to mature into wonderful images and different ideas are being formed about peace and their own environment.

Summer is a good time to do your planning and the contacting of the youth groups that will be participating. Do not wait until the last minute to order the kit of rules, guidelines, and sample certificates for the contest. October 1st is the last day to purchase this kit; a kit for each contest your club holds. We have been fortunate that a few clubs in our district holds two or more contests.

November 15th is the date all contest winners need to be forwarded to our District Governor so a committee will work with him to select the 1st place winner for our district. Then the Governor forwards the winner to the Council of Governor's Chairman for selection of the Multiple District 24 winner. This poster will go on to the international-level selection committee.

Each year one Grand Prize Winner and 23 Merit Award Winners will be chosen and be presented in the Lion magazine and at the International Convention.

If you have questions about the peace poster contest or your club wishes a program, please contact me at 757-898-9049.

Lion Ruth Robertson, District Peace Poster Chairperson



NEWPORT NEWS HOST LIONS CLUB



DG Tucker Casanova celebrates presentation to Tuskegee Airman Mr Ezra Hill.

Photo L/R DG Tucker, Hampton Mayor Donnie Tuck, Newport News Host VP Lion Katrina Gay, Virginia Delegate David Yancy, Tuskegee Airman Mr Ezra Hill, Lion Earl Arrowood

Original Tuskegee Airman Mr Ezra Hill was guest speaker at the Newport News Host Lions Patriotic Night, Thursday at Jose's Tequilas Mexican Restaurant. Mr Hill treated the attendees with a Patriotic song and energized everyone with an inspirational and motivational talk about the Tuskegee Airmen. His story about the challenges and successes of the Tuskegee Airmen and the maxim "never give up" truly resonated with everyone. His message is one that reveals the fruits that come when you never give up and remain humble. Youth and adults alike will be inspired by Mr Hill's message. In 2007 Mr Hill was recipient of the Congressional Gold Medal, the highest award given to civilians by Congress.



Lions Clubs International

Essay Contest Rules

The contest is open to students who are considered visually impaired according to their national guidelines and will be 11, 12 or 13 years of age on November 15, 2016. One grand prize winner will receive an award and US\$5,000.

The contest theme is "A Celebration of Peace."

- Only a Lions club can sponsor the contest. The contest may be sponsored in a local school(s) or organized, sponsored youth group(s), or individuals may be sponsored as well. *A Lioness club can sponsor the contest through its sponsoring Lions club.*
- Essays must be no longer than 500 words in length, submitted in English, type-written in black ink and double-spaced.
- Each essay must be submitted with a completed entry form. Essays submitted without completed entry forms will be automatically disqualified.
- Only one entry per student per year, and each entry must be the work of only one student.
- Essay entries cannot have already been published.
- Any essays found to be plagiarized will be automatically disqualified and the student will be prohibited from entering any future Lions competitions.

Deadlines

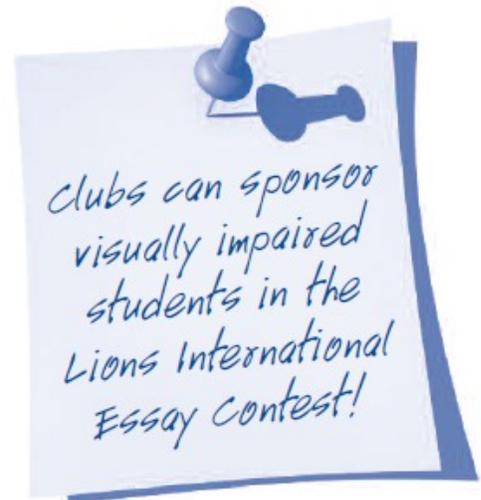
November 15 Postmark deadline for a club to send one winning essay to the district governor. *Note: A participating club should notify its district governor in advance of sending an entry.*

December 1 Postmark deadline for a club not belonging to a district to send one winning entry directly to the Public Relations Division at Lions Clubs International.

December 1 Postmark deadline for a district to send one winning essay to the multiple district council chairperson is December 1. A district not belonging to a multiple district must send its entries directly to the Public Relations Division at Lions Clubs International (postmarked by December 1).

December 15 Postmark deadline for a multiple district to send one winning essay to the Public Relations Division at Lions Clubs International.

February 1 International grand prize winner will be notified on or before this date.



Mailing address: Essay Contest, Public Relations Division, Lions Clubs International, 300 W. 22nd Street, Oak Brook, IL 60523-8842; fax at 630-571-1685; or e-mail to pr@lionsclubs.org (the words "Lions Essay Contest" must appear in the Subject Line of the e-mail).

Participants accept all responsibility for late, lost, misdirected or illegible entries. Entries sent with insufficient postage will be disqualified. Entries cannot be acknowledged or returned; they become property of Lions Clubs International upon receipt. Essays cannot be published without written permission from Lions Clubs International. However, sponsoring clubs, districts and multiple districts have permission to publish their sponsored essays.

In consideration for the opportunity to enter the Lions International Essay Contest, participants agree to allow Lions Clubs International to use their names, photographs and essays for promotional and publicity purposes. An international grand-prize winner is not eligible to receive subsequent prizes in future Lions International Essay Contests. By entering, participants agree to be bound by these rules and the decisions of the judges and Lions Clubs International.

Lions Clubs International may cancel the contest without notice at any time. The contest is void where prohibited, taxed or restricted by law.



Lions Clubs International

Essay Contest Entry Form

Please type or print clearly. All information and signatures are required.

I. STUDENT INFORMATION

Winner's Name _____

Essay Title _____

Age _____ Birth Date _____ Check One: Male _____ Female _____
Day/Month/Year

School _____

Grade Home Phone Number* _____

E-Mail _____

Student's Street Address (No P.O. Boxes) _____

City, State, Country _____ Postal or ZIP Code _____

Parent or Legal Guardian Signature _____

II. LIONS CLUB INFORMATION

Club Name _____

Club Number _____ District Number _____

President Name _____

Cell (or Home) Phone* _____ Work Phone* _____

E-Mail _____

Street Address (No P.O. Boxes) _____

City, State, Country _____ Postal or ZIP Code _____

Club President Signature _____

III. DISTRICT INFORMATION

District Governor _____

Cell (or Home) Phone _____ *Work Phone* _____

E-Mail _____

District Governor Signature _____

IV. MULTIPLE DISTRICT INFORMATION

Multiple District Council Chairperson _____

Cell (or Home) Phone* _____ Work Phone* _____

E-Mail _____

Council Chairperson Signature _____

**Include area code in the U.S. or country and city codes outside the U.S.*



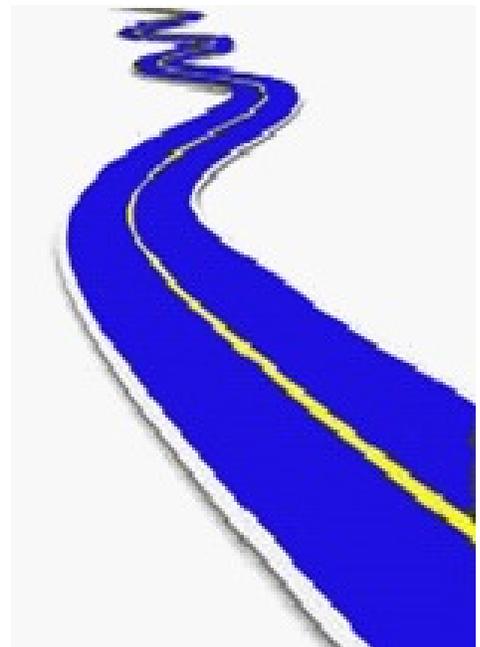
LIONS OF VIRGINIA – ROAD TRIP TO CHICAGO – CELEBRATE 100 YEARS

**Lions Club International Centennial Convention
Chicago, Illinois
June 30 to July 4, 2017**

**Bus June 29 Pickup; July 5 Tour of Chicago; July 6 Return home
COMPLETE Package: \$260***

**No tour and return home on July 5: \$230*
(*NOT included: hotel fee and tip for driver)**

**Contact: VDG Sally Kenavan
Sallykenavan1108@gmail.com
(540) 659-1399**





Lions of Southeastern Virginia

Who We Are: Lions Clubs International is the largest service organization in the world. Our 1.4 million members perform valuable service in 210 countries and geographic areas around the globe. Lions are friends, family and neighbors who share a core belief: community is what we make it. Lions of Southeastern Virginia (District 24D) offer volunteer opportunities serving people and organizations through 57 Lions Clubs. We firmly believe, *Where There's a Need, There's a Lion*.

How We Serve: When it comes to meeting challenges, our response is simple: We Serve. Locally or overseas, Lions are doing community volunteer work, helping, leading, planning and supporting. Because we're local, we can serve the unique needs of the community we live in. And because we're global, we can address challenges that go beyond borders.

Sight Services: Lions are known as "Knights of the Blind," focusing on programs and services for the blind and visually impaired – an aim to eliminate preventable and reversible blindness. We want everyone to see a better tomorrow.

- Providing hundreds of eyeglasses to the financially disadvantaged annually through local Lions Clubs
- Providing thousands of free adult vision screenings in our Sight and Hearing Van during community events each year
- Conducting eye screenings on 76,000 children under the age of 7 since 2010
- Recycling over 1 million pairs of eyeglasses at our three recycling centers since 2001
- Providing eye care services to financially disadvantaged individuals at-risk of losing their sight through the Lions Charity Foundation of District 24D
- Supporting the Lions Medical Eye Bank in Norfolk, VA as one of the premier eye banks in the world

Health Programs: We believe that everyone deserves a healthy life. From providing health programs that focus on preventing hearing loss to supporting efforts to control and prevent diabetes. Lion volunteers are working to improve the health of children and adults around the world.

- Sponsoring over 1,500 families to attend the Lions Diabetes Camp in Chesapeake since 1994
- Providing hundreds of free blood glucose screenings during community events each year
- Providing hundreds of free hearing screenings to children and adults annually
- Providing 112 hearing aids to the financially disadvantaged through the Lions Charity Foundation of District 24D
- Supplying thousands of meals to nutritional programs supporting undernourished children and adults

Youth Programs: We invest in the future by reaching out to young people to empower the next generation.

- Sponsoring Leo Clubs to engage teens in community service and develop leadership skills
- Donating over 18,000 books to elementary schools and Title 1 programs to promote reading since 2013
- Hosting 1,050 teenagers from countries around the world, attending our International Youth Exchange Camp since 1981
- Awarding thousands of dollars in scholarships to students through our multi-level Bland Music Competitions
- Adopting dozens of schools throughout Southeastern Virginia to support school programs or purchase school supplies

Community and Environment Programs: We serve communities and help protect the planet.

- Planting hundreds of trees and maintaining community gardens throughout Southeastern Virginia
- Participating in adopt-a-highway programs helping to keep our communities clean
- Conducting recycling programs for cell phones, keys, plastics and cardboard
- Responding to natural disasters; After the February 2016, tornados Lions provided \$20,000 relief in Sussex County, the Middle Peninsula and the Northern Neck areas of Virginia

Now that you know how Lions serve, are you ready to become a Lion? Email us at GMT@district24D.com or check us out on the District 24D website at : <http://www.lions-of-virginia-24d.org/> to find a club near you.

KNIGHT'S VISION

Proud Sponsors

If you or your club wish to support the Knight's Vision, there are several options available:

Subscribe: Knight's Vision shipped to you every month - Cost **\$40** - Qualifies for Silver Patron

Lions Business Card: Your Name, Club and Position (President, Treasurer, PDG, etc.) - Cost **\$30**

Personal Business Card: Advertise your business with the Knight's Vision - Cost **\$40**

Patron Tiers

Bronze – \$25 Donation

Gold – **\$65** Donation

Diamond > **\$100** Donation

Silver – **\$40** Donation

Platinum – **\$90-\$100** Donation

(Tiers Silver through Diamond come with a Subscription)

To become a KV Patron, please send your contribution to Cabinet Treasurer Lion Keith Feigh, with a brief explanation of how you would want it reflected.

For example:

\$65 Donation - Business Card/Bronze Patron

or

\$65 Donation - Gold Patron

The Knight's Vision appreciates the continued support of Lions just like you!





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SMITHFIELD

All Lions of District 24D are encouraged to submit material for publication. The cut off date is the 20th of the month prior to the issue. Copies are posted on the District website, District24d.com, between the 1st and the 5th. Donations help defray costs and make this publication possible. If you would like to make a donation, you can become a KV Patron at the level level you choose, place your business card or an advertisement. Contact the Knight's Vision Editor for more information.